

**2008 Appleton Regatta (NOR-CAL #3)**  
**The San Francisco Yacht Club**  
**NOTICE OF RACE**

**1. ORGANIZING AUTHORITY, DATE, AND VENUE:**

**Sunday November 9, 2008** at The San Francisco Yacht Club, 98 Beach Road, Belvedere, California.

The San Francisco Yacht Club  
98 Beach Road  
Belvedere, CA 94920  
Phone: 415-435-9525

Contact: Forrest Gay  
Phone: 415-435-9525  
E-Mail: Youth@SFYC.org  
Fax: (415) 435-4794

**2. SCHEDULE OF EVENTS: Sunday November 9th**

Registration begins      08:30  
Competitor's meeting    09:45  
First Warning            10:45

**3. RULES:** The regatta will be governed by Racing Rules of Sailing (RRS 2005-2008), the prescriptions of US SAILING, the ISSA Procedural Rules, the PCISA Procedural Rules, the rules of the CFJ Class (except those rules regarding class membership), this Notice of Race, and by the Sailing Instructions. Sailing Instructions will be available at registration.

**4. ENTRY:** Registration forms should be faxed to 415-435-4794, or e-mailed to Youth@SFYC.org, or mailed to the Youth Sailing Office of The SFYC. Deadline is 5pm April 10, 2008. Registration should include unique sail numbers.

**5. FEE:** Entry fee is \$25.00 per person. Checks can be made payable to The San Francisco Yacht Club. This includes breakfast, racing, lunch from Waypoint Pizza, and trophies.

**6. ELIGIBILITY:** This regatta is open to high school teams that are current members of the PCISA/ISSA.

**7. FORMAT:** There will be no rotations in this regatta. It is the intent to start divisions "A" and "B" separately. Each team must provide a boat for each division sailed. Substitutions will be allowed on the water between races.

**8. BOATS:** Competitors must bring their own boats, blades, standing and running rigging, sails and any other equipment necessary to sail. All boats and sails will be inspected to make sure they are "race worthy". (Please, no beaters).

**9. COURSE LOCATION:** If conditions permit, racing will be in Belvedere Cove. If there is not wind in the cove, racing will be moved to Knox Shoal or Richardson Bay. Please bring enough clothes for a day of open water sailing!

**10. MEDICAL RELEASE/CONSENT FORM:** The entry form, and a parent consent/waiver of liability and medical release form must be completed for each competitor prior to competing. No competitor will be allowed on the water without these forms.

**11. INFORMATION:** Contact Forrest Gay at 415-435-9525 or email [youth@sfyc.org](mailto:youth@sfyc.org).

**Appleton Regatta** - NORCAL #3  
November 9, 2008

Amount Paid? \$\_\_\_\_\_ (\$25)

**Registration Form**

School Name: \_\_\_\_\_

Coach or Advisor: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Yacht Club Affiliation if any: \_\_\_\_\_

Varsity or JV (circle one)

Team Captain: \_\_\_\_\_

Who is sailing? NAME (PLEASE PRINT CLEARLY) YEAR OF GRADUATION

Skipper A \_\_\_\_\_ Sail # \_\_\_\_\_

Crew A \_\_\_\_\_

Alternate A \_\_\_\_\_

Skipper B \_\_\_\_\_ Sail # \_\_\_\_\_

Crew B \_\_\_\_\_

Alternate B \_\_\_\_\_

My teammates and I agree to abide by the rules of The San Francisco Yacht Club, US Sailing, PCISA/ISSA Procedural Rules, and other rules under which this race is sailed. We agree to indemnify and hold The San Francisco Yacht Club, its officers, directors and committeemen harmless of any liability of any nature whatsoever for accident or injury to ourselves, or our boats, while racing or engaging in any activities connected to the regatta.

My teammates and I agree to abide by the decisions of the race and protest committees. We further agree not to sail in hazardous conflict with commercial traffic.

\_\_\_\_\_  
Team Captain Signature                      Date

\_\_\_\_\_  
Team Adult Signature                      Date

**THIS AGREEMENT CONTAINS A RELEASE AND WAIVER – READ FIRST**

**RELEASE, WAIVER AND RETENTION OF RIGHTS AGREEMENT**

IN CONSIDERATION OF acceptance of my entry and of the substantial volunteer efforts of the directors, members, employees, representatives and associated volunteers for The San Francisco Yacht Club, THE UNDERSIGNED HEREBY

1. WAIVES AND RELEASES ANY AND ALL CLAIMS, INCLUDING THOSE OF NEGLIGENCE OR EQUIVALENT CONDUCT WHICH I MAY HAVE AGAINST THE HOST, ITS DIRECTORS, MEMBERS, EMPLOYEES, REPRESENTATIVES, ASSOCIATED VOLUNTEERS AND (if applicable) the UNITED STATES SAILING ASSOCIATION (“US SAILING”) RESULTING FROM MY PARTICIPATING IN THE APPLETON REGATTA ("event" hereafter) AND ALL ACTIONS RELATED THERETO.

2. acknowledges my responsibilities in participating in this event, for my decisions to start or continue to race in the event and to make certain that my boat, equipment and crew are seaworthy for the conditions which may be encountered during my participation.

3. retains any and all rights against other competitors for any wrongful acts by them; and retains all rights against the Host, its directors, members, employees, representatives and associated volunteers for the event which are not related in any way to my participation in, the preparations for, the racing, return, protests and removal of my boat from the site of the event.

4. specially waives any statute, by incorporating its reference and citation herein, which may require such inclusion and reference in order to effect these provisions. If any provision of the agreement is not enforceable, such determination shall not affect the enforceability of the remaining provisions of this agreement. This agreement shall be construed and enforced under the laws of the state in which the Host has its main offices.

Team Representative (Must be a non-competing adult)

\_\_\_\_\_  
NAME

\_\_\_\_\_  
TEAM NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE