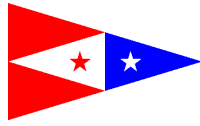


# THE SAN FRANCISCO YACHT CLUB



98 BEACH ROAD, PO BOX 379, BELVEDERE, CALIFORNIA 94920 RACE OFFICE 415-789-5647

## **Women's Sprint 5 in RS21s** **May 31-June 1, 2025**

### **SAILING INSTRUCTIONS**

(NOR attached at end of SIs)

#### **1 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

#### **2 COMMUNICATIONS WITH COMPETITORS**

- 2.1 The race committee will attempt to hail boats observed OCS at the start. The failure of any boat to hear the hail, the hail of some but not all OCS boats, the untimely hail of some or all OCS boats, or failure to hail any or all boats shall not be grounds for redress. This changes rule 62.
- 2.2 [DP] While racing, except in an emergency or when retiring from a race, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### **3 SIGNALS MADE ASHORE**

- 3.1 Signals made ashore will be displayed from the main flagpole on the SFYC lawn.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in race signal AP.

#### **4 COURSES**

All courses are described in Attachment A. The course to be sailed will be designated by numeral placards displayed on the race committee signal boat.

#### **5 MARKS**

- 5.1 Mark W will be a large orange ball.
- 5.2 The starboard end of the starting and finishing line will be a race committee vessel.
- 5.3 The port end of the starting and finishing line will be a white ball. This ball will also serve as mark L.

#### **6 THE START**

- 6.1 The starting line is between a staff or halyard displaying an orange flag on the race committee signal boat at the starboard end and the course side of the port-end mark.
- 6.2 Races will be started using Appendix U - AUDIBLE-SIGNAL RACING SYSTEM.
- 6.3 A boat that does not start within 1 minute of her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A 5.2.

**7 PENALTY SYSTEM**

RRS Appendix UF (Umpired Fleet Racing) will be in effect as described in Attachment B.

**8 CHANGE OF THE NEXT LEG OF THE COURSE**

The marks may be moved up to 10 degrees, without a signal, provided that no boats are on the leg of the course that ends at that mark. This changes RRS 33.

**9 THE FINISH**

The finishing line is the same as the starting line.

**10 TIME LIMITS**

The time limit for the first boat to sail the course and finish is 30 minutes. Boats failing to finish within 6 minutes after the first boat sails the course and finishes will be scored DNF. This changes rules 35 and A4 and A5.

**11 SCORING**

11.1 Three round robins, with 5 boats racing, are scheduled. This changes NOR 9. If time does not allow for the completion of a round robin all remaining unsailed races of that round will be automatically assigned redress and scored their average points for completed races. Unstarted round robins will not be scored.

11.2 If time permits, a final Medal race will be sailed for the top 5 teams. This race will be scored with double points, and will not be excluded from the series score.

11.3 (a) When from 5 to 9 races have been completed, a boat's series score is the total of her race scores excluding her worst score.  
(b) When 10 or more races have been completed, a boat's series score is the total of her race scores excluding her two worst scores.

**12 SAFETY REGULATIONS**

[DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

**13 EQUIPMENT**

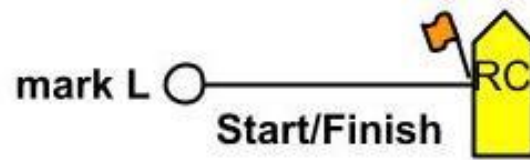
13.1 Attachment C – "Handling Boats" will replace the class rules and will apply while racing or practice sailing.

13.2 Attachment D – "Permitted and Prohibited Actions" will apply.

**14 SUPPORT VESSELS**

After the warning signal, non-competitor boats not operating as part of the race committee (umpire, bosun, mark-set, photo boat, e.g.) must stay to leeward of the course area or at least 100 yards above the laylines to the windward mark.

# Attachment A



Marks W and L are rounding marks and shall be left to port.

## Courses

**2) start-W-finish**

**4) start-W-L-W-finish**

# ATTACHMENT B - UMPIRED FLEET RACING

## APPENDIX UF

### UMPIRED FLEET RACING

#### San Francisco Edition

*Umpired fleet races shall be sailed under The Racing Rules of Sailing as changed by this appendix. Races shall be umpired. The rule changes in UF1 have been approved by World Sailing under Regulation 28.1.5(b) on the condition that only the provided options are used. This appendix applies only when it is referred to in the Notice of Race and made available for all competitors.*

#### **UF1 CHANGES TO THE DEFINITIONS, THE RULES OF PART 1 AND 2, AND RULE 70**

**UF1.1** Add to the definition *Proper Course*: 'A boat taking a penalty or manoeuvring to take a penalty is not sailing a *proper course*.'

**UF1.2** Add new rule 7 to Part 1:

#### **7 LAST POINT OF CERTAINTY**

The umpires will assume that the state of a boat, or her relationship to another boat, has not changed, until they are certain that it has changed.'

**UF1.3** [Not used]

**UF1.4** When rule 20 applies, the following arm signals are required in addition to the hails:

- (a) for *room* to tack, repeatedly and clearly pointing to windward; and
- (b) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

**UF1.5** Rule 70 is deleted.

**UF1.6** [Not used]

#### **UF2 CHANGES TO OTHER RULES**

**UF2.1** Rule 28.2 is changed to:

#### **28 SAILING THE COURSE**

28.2. A boat may correct any errors in *sailing the course*, provided she has not rounded the next mark or crossed the finishing line to *finish*.

**UF2.2** [Not used]

**UF2.3** [Not used]

#### **UF3 ON WATER PROTESTS AND PENALTIES**

**UF3.1** In this appendix, 'a penalty' will mean the following:

A One-Turn Penalty taken in accordance with rule 44.2; or

When imposed by an umpire,

A Two-Turn Penalty or the number of One-Turn Penalties indicated by the umpire.

**UF3.2** The first sentence of rule 44.1 is changed to: 'A boat may take a penalty when, in an incident while *racing*, she may have broken one or more of the *rules* of Part 2 (except

rule 14 when she has caused damage or injury), rule 31 or rule 42. However, when she may have broken a rule of Part 2 and rule 31 in the same incident, she need not take the penalty for breaking rule 31'

**UF3.3 On the Water Protests by Boats and Penalties**

- (a) While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or rule 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' and conspicuously display a Y flag at the first reasonable opportunity for each. She shall remove the flag before or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision.
- (b) A boat that protests as provided in rule UF3.3(a) is not entitled to a hearing. Instead, a boat involved in the incident may acknowledge breaking a rule by voluntarily taking a penalty. An umpire may penalize any boat that broke a rule and was not exonerated, unless the boat took a penalty voluntarily.

**UF3.4 Penalties and Protests Initiated by an Umpire**

- (a) When a boat
  - (1) breaks rule 31 and does not take a penalty,
  - (2) breaks rule 42,
  - (3) gains an advantage despite taking a penalty,
  - (4) commits a breach of sportsmanship, or
  - (5) fails to comply with rule UF3.6 or to take a penalty when required to do so by an umpire, or
  - (6) fails to comply with rule UF2.1 (rule 28.2) an umpire shall disqualify her under rule UF3.5(c),

an umpire may penalize her without a protest by another boat. The umpire may impose a penalty or more, each signalled in accordance with rule UF3.5(b), or disqualify her under rule UF3.5(c), or report the incident to the protest committee for further action. If a boat is penalized under rule UF3.4(a)(5) for not taking a penalty or taking a penalty incorrectly, the original penalty is cancelled,
- (b) An umpire who decides, based on his own observation or a report received from any source, that a boat may have broken a rule, other than rule UF3.6 or rule 28 or a rule listed in rule UF3.3(a), may inform the protest committee for its action under rule 60.3. However, he will not inform the protest committee of an alleged breach of rule 14 unless there is damage or injury.

**UF3.5 Umpire Signals**

An umpire will signal a decision as follows:

- (a) A green and white flag with one long sound means 'No penalty.'
- (b) A red flag with one long sound means 'a penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
- (c) A black flag with one long sound means 'A boat is disqualified.' The umpire will hail or signal to identify the boat disqualified.

**UF3.6 Imposed Penalties**

- (a) A boat penalized under rule UF3.5(b) shall take a penalty.
- (b) A boat disqualified under rule UF3.5(c) shall promptly retire, if she has not already finished.

**UF4 RACE COMMITTEE ACTIONS**

**UF4.1** At the finishing line, the race committee will inform the competitors about each boat's finishing place or scoring abbreviation over radio on VHF Channel USA 65A. After this has been done, the race committee will promptly display flag B with one sound. Flag B will be displayed for at least two minutes and then removed with one sound. If the race committee changes the scoring information provided at the finishing line while flag B is displayed, it will display flag L with one sound. Flag B will continue to be displayed for at least two minutes after any changes are made.

**UF5 PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS**

**UF5.1** No proceedings of any kind may be taken in relation to any action or non-action by an umpire.

**UF5.2** [Not used]

**UF5.3** A boat intending to

- (a) protest another boat under a rule other than rule UF3.6 or a rule listed in rule UF3.3(a),
- (b) protest another boat under rule 14 if there was contact that caused damage or injury, or
- (c) request redress

shall hail the race committee before or during the display of flag B.

**UF5.4** The time limit defined in rule UF5.3 also applies to protests under rule UF5.10 and UF5.11 when such protests are permitted. The protest committee shall extend the time limit if there is good reason to do so.

**UF5.5** The race committee will promptly inform the protest committee about any protests or requests for redress made under rule UF5.3.

**UF5.6** The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted.  
Rule 62.1(a) is deleted.

**UF5.7** The first three sentences of rule 64.2 are changed to: 'When the protest committee decides that a boat that is a *party* to a protest hearing has broken a rule, it may impose penalties other than disqualification, and may make any other scoring arrangement it decides is equitable. If a boat has broken a *rule* when not *racing*, the protest committee shall decide whether to apply any penalty to the race sailed nearest in time to that of the incident or make some other arrangement.'

**UF5.8** Hearings

Except for a hearing under rule 69.2

- (a) Protests and requests for redress need not be in writing.

- (b) The protest committee may inform the protestee and schedule the hearing in any way it considers appropriate and may communicate this orally.
- (c) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.
- (d) If the protest committee decides that a breach of a rule has had no effect on the outcome of the race, it may impose a scoring penalty of points or fraction of points or make any other arrangement it decides is fair, which may be to impose no penalty.
- (e) If the protest committee penalizes a boat in accordance with rule UF5.7 or if a standard penalty is applied, all other boats will be informed about the change of the penalized boat's score.

**UF5.9** The race committee will not protest a boat.

**UF5.10** The protest committee may protest a boat under rule 60.3. However, it will not protest a boat for breaking rule UF3.6, a rule listed in rule UF3.3(a), or rule 14 unless there is damage or injury.

**UF5.11** The technical committee will only protest a boat under rule 60.4 when it decides that a boat or personal equipment does not comply with the class rules, rule 50, or the rules in the equipment regulations of the event, if such exist. In such a case, the technical committee shall protest.

**UF5.12** Rule 66.2 is changed to 'A *party* to the hearing under this appendix may not request a reopening.'

## ATTACHMENT C - HANDLING BOATS

### **Boat Check Out/In and Equipment List**

All items on the list are supplied and must be checked and returned, noting any issues or loss.

The “Boat Kit” is a blue waterproof duffel and contains:

- VHF radio
- Spare spectra line
- Yankee Flag
- Red flag

There is an orange dry bag in the forward hatch with the following equipment in it. Please do not open or remove anything unless required to do so:

- Laminated boat registration
- Airhorn
- 3 flares
- Throwable PFD

Check the battery charge level, and know that the maximum run time is one hour. **The engine should be thought of as a means to get in and out of the harbor and cove**, not relied upon for long-distance transit.

- Upon return leave the boat in a clean and seamanlike manner:
- Ease backstay tension to a soft but not loose (“at rest”) setting.
- Attach the main halyard to the end of the boom to use as a topping lift and adjust along with vang and mainsheet tensions to minimize boom movement.
- Secure all halyards to prevent slapping on mast.
- Remove rudder and tiller and stow in padded bag in cockpit.
- Return all loose Supplied Equipment in the “Boat Kit.”
- Check that docklines and fenders are secure and will keep the boat in position if the wind shifts.
- Bail and/or sponge the bilges dry.
- Remove all trim marks, notes, tape, Velcro tabs etc. and clean off any tape residue.
- Secure the forehatch and aft hatch.
- Main and jib should be rolled and stored following orientation procedures. Spinnaker should be flaked and bagged and returned in “Boat Kit.”
- Remove and dispose of all garbage.
- Remove all personal belongings.
- Return “Boat Kit.”

### **Sailing and Operating Rules**

The following items and actions are mandatory:

1. Compliance with all USCG regulations.
2. Charterer is required to supply his/her own personal safety equipment for him/herself and for all crew, as well as any other personal sailing equipment needed in light of the existing and predicted weather conditions.

Except in an emergency or in order to prevent damage or injury, or when directed by an SFYC

representative or other Authority such as USCG, otherwise, the following are PROHIBITED:

1. Sailing or operating the boat in a manner that it is reasonable to predict that significant damage would result.
2. Adjusting or replacing any rigging or hardware.

## **ATTACHMENT D – Permitted and Prohibited Actions**

The following items and actions are PERMITTED:

It is permitted to take on board the following equipment:

1. Basic hand tools
2. Adhesive tape or Velcro tape but not duct tape
3. Line (elastic or otherwise, of 4 mm diameter or less)
4. Pencils and non-permanent marking pens
5. Tell-tale material
6. Watch, timers, hand held compass, hand held electronic wind instrument and Velocitek ProStart (or similar RS21 Class Rules approved unit)
7. Handheld VHF
8. Soft-shackles, cotter pins/ring dings and clevis pins
9. Self-adhesive sail repair tape/material
10. Cooler, snacks, hydration

And to use these items in the following ways:

1. Attach tell tales
2. Prevent fouling of lines, sails and sheets, or securing the spinnaker halyard
3. Prevent sails being damaged or falling overboard
4. Mark control settings
5. Make minor repairs and permitted adjustments

The following items and actions are PROHIBITED:

1. Use of the boat in any regattas or races other than those listed on the SFYC RS21 webpage
2. Use of the boat outside the race area of a regatta, and transit to and from
3. Use of the boat outside of the Charter Term
4. Use of the boat for practice when the sustained wind is over 22 knots
5. Rafting of boats, unless instructed to do so at SFYC
6. Leaving the boat unattended, except at the regatta host yacht club's docks.
7. Leaving the boat at anchor or on a mooring
8. Using the boat to tow any other vessel

Except in an emergency or in order to prevent damage or injury, or when directed by a Race Official or other Authority such as USCG, otherwise, the following are PROHIBITED:

1. Sailing or operating the boat in a manner that it is reasonable to predict that significant damage would result.
2. Operating the RS21 without an SFYC Certified RS21 Skipper on board.
3. Rigging and Hardware:
  - a. Use of duct tape anywhere on the Boat.
  - b. Marking directly on the hull or deck with permanent ink. Use of pencil is permitted.

All marks are to be removed by the Charterer prior to Check-in.

- c. Marking of halyards, sheets or other running rigging with ink or any other permanent mark. Tape or thread may be used.
- d. Adjusting the tune of the rig.
- e. Perforating sails to attach tell tales.
- f. Using a mechanical advantage to adjust the tension of the vang, Cunningham or outhaul.
- g. Omitting any headsail hank or mainsheet block.
- h. Running any component of the running rigging in any configuration which varies from the layout shown on the deck layout diagram in the Sailing Manual.
- i. Changing out of the supplied loose hardware (blocks, shackles, hiking stick etc.) for items brought onboard by the Charterer.
- j. Use of metal shackles other than those supplied (and those only for their intended purpose). Use of soft shackles is permitted.
- k. Adjustment of the gap between the top of the rudder pintles and gudgeons.
- l. Removing or adjusting the length of the tiller extension.
- m. Moving the position of the bowsprit limit strap on the foredeck.
- n. Adjusting the tension of the lifelines.
- o. Increasing or decreasing the number of purchases on any of the running rigging assemblies (except jib sheet, from which a purchase may be removed)
- p. Use of the shrouds above the turnbuckle (including any inner shrouds) to facilitate tacking, gybing, or rolling the boat, or to aid the projection of a Crew member outboard.
- q. The use of electronic wind instruments other than those forming part of the Boat's standard equipment, except that hand-held wind instruments may be used, provided they are not integrated into the Boat's standard equipment. A Portable GPS Electronic like the Velocitek ProStart (or similar as permitted by the Class Rules) may be used. Mounting bracket for a Velocitek ProStart is not supplied. If the Charterer is using a different model unit, he/she may use Velcro, tape or lashing to attach the unit to the mast.

#### 4. Boat and Equipment:

- a. Any additions, omissions or alterations to the Boat or Supplied Equipment (except as expressly noted as being allowed in this document).
- b. The use of any part of the Boat or Supplied Equipment for a purpose other than that intended or as specifically permitted in the RS21 Class Rules.
- c. Replacement of a part of the Boat or Supplied Equipment without the prior sanction of the RC. All replacement parts or equipment are to be supplied by the SFYC and installed by, or at the direction of, the Fleet Manager.
- d. Repairs to any part of the Boat or Supplied Equipment. All repairs are to be carried out, or arranged by, the Fleet Manager.
- e. Moving Supplied Equipment from its Normal Stowage Position except when being used.
- f. Leaving any Supplied Equipment off the Boat for racing – e.g. standard equipment
- g. Hauling out a Boat.
- h. Towing the Boat, except when expressly requested to do so by an SFYC representative.

--- End of Sailing Instructions ---

# THE SAN FRANCISCO YACHT CLUB



## Women's Sprint 6 in RS21s

May 31-June 1, 2025

Organizing Authority: The San Francisco Yacht Club, Belvedere, California

### NOTICE OF RACE

Amended 5/22/25

#### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 When the protest committee finds that a boat or team's competitor has broken one or more rules where there was, repeated breach of boat handling requirements, serious damage caused by reckless sailing or poor seamanship, poor sportsmanship, or misconduct as described in RRS 69.1(b), it shall make a report to the OA who may revoke that team's invitation and excuse the team from the remainder of the regatta. The OA may also take this action without such a report after consultation with regatta management.
- 1.3 Rule 40.1 will apply at all times when boats are on the water away from the dock. PFDs must be provided by the sailors.
- 1.4 The sailing instructions will describe any changes to the rules.

#### **2 BOATS**

- 2.1 RS21-type boats will be provided. The RS21 class rules will not apply. Standing rigging shall not be adjusted, except at the direction of the OA.
- 2.2 Spinnakers will not be used.

#### **3 TEAMS**

- 3.1 Three or four sailors are required per boat.
- 3.2 Up to 9 teams will be invited to participate.

#### **4 CREW WEIGHT**

There is no crew weight limit.

#### **5 ELIGIBILITY AND ENTRY**

- 5.1 Participation in the regatta is only by invitation.
- 5.2 All sailors shall be women.
- 5.3 Teams may request an invite online, and shall submit the online form below no later than 1000 hours on May 27. <https://forms.gle/pK2DdRzgrZezMBn36>
- 5.4 Invitations will be sent out within 12 hours of request submissions.
- 5.5 The online registration and entry fees must be received no later than May 27. No registrations will be accepted after midnight.

#### **6 FEES**

The entry fee is \$600 per team, and includes racing Saturday and Sunday, Saturday night dinner, and Sunday awards presentation social.

#### **7 SAILING INSTRUCTIONS**

Sailing instructions will be available at the Participants' Meeting and posted on the SFYC website at

1700 on May 28.

**8 VENUE**

The primary racing venue will be Belvedere Cove, with Richardson Bay and Knox as alternative venues pending weather conditions.

**9 FORMAT**

The planned format is multiple round robins of short 6-boat fleet races amongst all competing teams, including a medal race at the end for the top qualifying teams. The format and number of races will be described in the sailing instructions and at the Participants' Meeting.

**10 SCHEDULE OF EVENTS**

Friday	1100-1700	Check-in / optional practice (\$75 charter fee) - no social event. Contact <a href="mailto:rs21@sfyc.org">rs21@sfyc.org</a> to schedule practice times.
Saturday	0930	Check-in
	1000	Participants' Meeting – racing to follow
	1830	Regatta Social & Dinner
Sunday	1000	Participants' Meeting – racing to follow*
		Awards after racing with refreshments

\* The race committee will endeavor to not begin a starting sequence after 1530 on Sunday, but weather conditions and/or the progress of the event may govern the actual conclusion of racing.

**11 COURSES**

The course will be described in the sailing instructions, and will be short windward/leeward type.

**12 UMPIRING**

It is the intention for the regatta to be umpired in accordance with RRS Appendix UF (Umpired Fleet Racing), as modified by the sailing instructions Attachment of the same name. Teams may be asked to provide a competitor(s) to assist the umpires when off rotation. This will not be considered to be a conflict of interest.

**13 PROTESTS**

When practicable, protests other than those under RRS Appendix UF3.3, and redress requests will be heard on the water.

**14 VHF RADIO**

All boats shall carry a marine band VHF radio capable of receiving normal US channels. The OA will supply one VHF per boat, but competitors may provide their own VHF radios for backup. Malfunction or loss of VHF radio shall not be grounds for redress. Teams failing to return supplied VHF will be charged \$250.

**15 WAIVER, DAMAGE DEPOSIT AND RISK STATEMENT**

15.1 As a condition of entry, each skipper and participating crew member shall submit, prior to racing, an online liability waiver/media release, which is in the entry process.

15.2 Competitors participate in the event entirely at their own risk and subject to the terms and conditions of the SFYC liability waiver.

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

15.3 All skippers will be required to sign a \$500 damage agreement prior to the start of racing by signing an online form. The agreement outlines a \$500 per-incident maximum charge, and includes damage to

boats or race committee vessels. If a skipper has more than one incident, he or she is then liable for up to \$500 for each individual incident. Skippers should be aware that while the OA representatives will attempt to identify all damage at the post-regatta inspection, often this is not possible due to the nature of the damage. The skipper is responsible for all damage, even if it is discovered only after the post-regatta report is completed and signed. In the event that there is material damage not covered by insurance and no one acknowledges responsibility (e.g., crews are rotated among the boats and no one reports the damage), the cost of repairs will be charged to all the designated skippers on a prorated basis.

**16 FURTHER INFORMATION**

PRO: Forrest Gay

SFYC Fleet Manager: RS21@sfyc.org

Regatta Chair: Vicki Sodaro - vickisodaro@gmail.com