

2019 Optimist Harken Challenge Series, Regatta #2

April 6-7
The San Francisco Yacht Club
Belvedere, California



Sailing Instructions



Updated and reposted @ 1000 on 4/5/19

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the Optimist Class Rules, and the notice of race, except in the event that any of these are modified by these sailing instructions.
- 1.2 Rule 40 is changed as follows: All participants in this regatta must wear a **US Coast Guard approved personal flotation device (PFD)** at all times while on the water, except for brief periods while adding or removing other clothing. The Y flag will not be displayed. Violation of this rule will result in a protest by the race committee and a penalty up to and including disqualification from the entire regatta.

2 Notices to Competitors

Notices will be posted on the official notice board located on the outside wall next to the youth classroom.

3 Changes to the Sailing Instructions

Any changes to the sailing instructions will be posted on the official notice board. Changes may be announced and posted immediately after the competitors' meeting. On Sunday, any changes to the sailing instructions will be posted before 1000 hours. Any changes in schedule will be posted by 1800 hours on the day before they are to take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the flagpole near the youth dock.
- 4.2 Flag AP with two sound signals means "The racing is postponed. Do not leave the harbor." When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signal 'AP'.

5 Schedule

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|----------|---------|---|
| Friday | All Day | Early arrival (Docks and venue open for practice all day) |
| Saturday | 0930 | Check-in opens |
| | 1000 | Competitors' meeting (Green fleet meeting to follow) |
| | 1200 | First warning (3 races scheduled) |
| Sunday | | Snacks dockside after racing |
| | 1000 | Green fleet meeting |
| | 1200 | First warning (3 races scheduled) |
| | 1600 | No races to start after |
| | | Trophies and snacks after racing |

6 Class Flags

- 6.1 The class flag for the Championship Fleet will be a white flag with a blue Optimist insignia.
- 6.2 The Green Fleet will use audible-signal starts (RRS Appendix U) and will not have a class flag.

7 Racing Area

- 7.1 For the Championship Fleet the primary racing area will be at Southampton Shoal/Berkeley Circle. In the event of extreme conditions Richardson Bay or Belvedere Cove may be used as alternate areas. All competitors must tow to the racecourse in the mornings and tow back in the afternoons. Make sure to pick up a tow in the Cove and after racing near the race area. SFYC will provide a towboat to the race area if needed, all other coaches/supporters are required to tow as well.
- 7.2 The Green Fleet will race in Belvedere Cove.

8 Course

- 8.1 The Green Fleet courses will be described at the Green Fleet meeting.
- 8.2 The diagram attached (Addendum 1) displays the course: Start-1-2-3s/3p-Finish. All marks shall be left to port, except the gate (3s/3p).
- 8.3 Boats that have finished shall stay well clear of all boats racing.

9 Marks

- 9.1 Rounding marks 1, 2, and 3s/3p (gate) will be red inflatable cones. Mark 1 may be significantly larger than the other marks.
- 9.2 If one of the gate marks is missing boats shall leave the remaining mark to port.
- 9.3 The marks for the Green Fleet will be orange balls.

10 The Start

- 10.1 Championship Fleet races will be started using rule 26. For the Championship Fleet all color divisions will start and be scored together.
- 10.2 The starting line will be between a staff or halyard displaying an orange flag on the RC Signal Boat, at the starboard end, and a yellow inflatable cone at the port end or a staff displaying an orange flag on a port end RC boat.
- 10.3 In the Championship Fleets boats observed OCS at the start will NOT be announced verbally by the race committee.
- 10.4 A boat shall not start later than 4 minutes after her starting signal.

11 Change of the Next Leg of the Course

To change the position of the next mark, the race committee may move the next mark (or move the finishing line) and signal in accordance with rule 33. Any mark to be rounded after rounding the moved mark may be relocated without further signaling to maintain the course configuration.

12 The Finish

The finishing line will be between Mark 2 and a staff or halyard displaying a blue flag on the finishing boat.

13 Time Limit

- 13.1 The time limit will be 75 minutes for the first boat to sail the course and finish.
- 13.2 Boats failing to finish within 20 minutes after the first boat finishes will be scored TLE. TLE will be scored two more points than the total number of boat finishing within the 20-minute time limit. This changes rule 35.

14 Protests and Requests for Redress

- 14.1 Boats are required to display a red flag according to the USODA rules. A boat required to

display a flag shall do so until she is no longer racing.

- 14.2 Upon finishing each race, protesting boats shall immediately, without consultation with coaches, spectators, or any others, notify the race committee boat at the starboard end of the finishing line of their intention to protest and the sail number of the protested boat. This adds to RRS 61.1(a).
- 14.3 All protests shall be filed at the protest room no later than thirty minutes after the Race Committee boat docking time. The docking time will be posted on the official notice board.
- 14.4 Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within thirty minutes after the end of protest time. This is the notice required by RRS 63.2.

15 Scoring

- 15.1 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 15.2 When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.3 One race will constitute a series.
- 15.4 6 races are scheduled.
- 15.5 For the Championship Fleet all color divisions will be scored together.

16 Safety Regulations

- 16.1 **Each competitor shall wear USCG approved lifejackets, properly secured at all times.** A whistle shall be attached to the life jacket. A loop shall also be tied at the end of the painter.
- 16.2 If a competitor leaves the racing area before the end of racing each day, he/she shall notify the race committee or a support boat before retiring. If someone is unable to notify the race committee afloat, they shall notify the Race Office ashore before leaving the harbor area. Failure to comply with this sailing instruction may make the sailor ineligible to sail at this regatta again.
- 16.3 All boats must comply with USODA measurement rules and are subject to inspection at any time during the regatta by the jury. This includes (but is not limited to) all boats must have a proper bow line and bailer.
- 16.4 Competitors shall use one sail, one set of spars, one rudder, one daggerboard and one hull for the duration of the regatta. The Jury may permit substitution of equipment with written approval.

17 Support/Coach Boats

- 17.1 All support boats must also act as safety boats. All support boats will have adequate first aid and safety gear aboard, as well as a marine VHF radio monitoring channel USA 65A.
- 17.2 Coaches, spectators, and other support personnel shall not enter the championship racing area while boats are racing. Green Fleet coaching guidelines apply (coaching the trailing half of the fleet is allowed during the race). The penalty for failing to comply with any requirement of this section may be any penalty prescribed by the jury, up to disqualification from the regatta, for the sailor(s) associated with the infringing parties.

18 Prizes

- 18.1 Prizes will be awarded to the top three finishers over all, as well as the top three finishers in each fleet: Red, White, Blue.
- 18.2 All Green Fleet sailors will receive a participation award.

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Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Addendum 1
Course Diagram

