

THE SAN FRANCISCO YACHT CLUB



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The SFYC/AYC Corinthian Cup

August 11-12, 2012

SAILING INSTRUCTIONS

1. ORGANIZATION

1.1. The Organizing Authority shall be The San Francisco Yacht Club in conjunction with the Joint Committee of The SFYC/AYC Corinthian Cup. The Committee is made up of five members, two from The San Francisco Yacht Club (SFYC), two from Annapolis Yacht Club (AYC) and a referee appointed by agreement between the two Clubs. In the event that a dispute arises at a time when the Referee is not available, the Chief Umpire shall participate in his place. In the event a Joint Committee member is unable to serve, a substitute member may be named by the Commodore of that member's Club.

The Joint Committee will be: Tom Paulling, *Referee*

Steve Fentress, SFYC

Tim Cusack, AYC

Mike Brilliant, SFYC

Jim Ellis, AYC

1.2. The Umpires for this event will be:

Rob Overton, <i>Chief Umpire</i>	Grant Baldwin
Jim Samuels	Vicki Gilmour
Vicki Sodaro	Katie Maxim

2. RULES, ELIGIBILITY AND EVENT CLASSIFICATION

2.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing for 2009 - 2012 (RRS), including Appendix C, and the Declaration of Trust and Conditions Governing the SFYC/AYC Corinthian Cup, dated April 15, 2010 (Declaration of Trust), except as modified by the NOR or SI. In the event of a conflict between the NOR and the SI, the SI shall prevail. This changes RRS 63.7.

2.2. RRS 40 is deleted and replaced with: "Competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices." Note that Code flag "Y" will not be displayed. This changes RRS 40.

2.3. Any interference by any coach or team boat with the racing or event organization may result in a penalty applied at the discretion of the Umpires to the appropriate skipper or team.

2.4. All competitors shall meet the eligibility requirements of ISAF regulation 19.2 and shall be classified as ISAF Group 1.

2.5. The Annapolis Yacht Club and the San Francisco Yacht Club shall each be represented by two teams, an adult team and a junior team. All sailors on the junior team shall be between the ages of 13 and 18 years of age. All ages shall be as of the first day of racing.

2.6. The registered skipper shall helm the boat at all times while racing, except in an emergency.

2.7. When a registered skipper is unable to continue in the event the Joint Committee may authorize an original crew member to substitute.

2.8. When a registered crew member is unable to continue in the event the Joint Committee may authorize a substitute, a temporary substitute, or other adjustment.

3. INSPECTION, CREW LIST, WEIGH-IN, EQUIPMENT

3.1. At 1700 hours on Friday, August 10, 2012, each competing yacht shall be presented at the SFYC guest dock for inspection. Inspection of all yachts shall be performed by a committee composed of each team's skippers and at least one representative from each Club's Joint Committee in order to verify identical equipment and rig settings. After each yacht's suitability is agreed to by this committee, no adjustments to the yachts' rigging settings or equipment shall be made without the prior permission of the Joint Committee.

3.2. The number of crew (including the skipper) shall be 3 or 4. All registered crew shall sail all races.

3.3 The maximum total crew weight for the adult team, determined prior to *racing* shall be 650 pounds, when wearing at least shorts and shirts. The maximum total crew weight for the junior team, determined prior to *racing* shall be 605 pounds, when wearing at least shorts and shirts. Crew Weigh-In will commence at 1700 hours on Friday, August 10, 2012 and conclude at 0930 Saturday, August 11, 2012. Weights shall be verified by at least one Member of the Joint Committee from the opposing Club.

3.4. Each competitor shall furnish an ISAF eligibility letter/certificate to the Joint Committee no later than 0930 Saturday, August 11, 2012.

3.5. Both the challenging yacht and the defending yacht shall carry only the provided sails. No yacht shall carry more than one mainsail, one jib, and one spinnaker.

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3.6. After racing, the competing boats shall return to the guest docks at The SFYC. All required equipment shall remain on hand until one hour after the Race Committee Signal Boat ("Victory") is docked at the conclusion of racing.

4. COMPETITORS' MEETING

4.1. A Competitors' Meeting will be held at 0900 hours on Saturday, August 11, 2012 in the Cove House adjacent to the SFYC Clubhouse. The Umpires and Joint Committee will be available to answer competitors' questions regarding the Sailing Instructions or Rules. Except as provided in Sailing Instruction 5.2, no orally disseminated information shall supersede the written Sailing Instructions or Rules.

4.2. Boats will be provided by SFYC for the regatta. A drawing for boats will be held at the Competitor's Meeting. Pieces of paper identifying each yacht will be folded and put into a container; representatives from AYC will draw the first and third yacht, representatives from The SFYC will draw the second and fourth yacht. Boats shall be rotated every second race per condition 3(f) of the Declaration of Trust, or after one Club achieves 6 points. The rotation schedule option will be at the discretion of the AYC Joint Committee members. The rotation schedule option shall be declared prior to the conclusion of the Competitor's Meeting.

4.3. A coin toss will be held at the Competitors' Meeting. A representative from AYC will call the toss of the coin. The Club that wins the coin toss will select the preferred end of the starting line for the adult team to enter on the first start. The youth team corresponding with that Club will enter from the opposite end of the starting line. Thereafter, the competitors will alternate assigned ends for the succeeding races.

5. NOTICES TO COMPETITORS, CHANGES IN SAILING INSTRUCTIONS

5.1. Notices to competitors and changes in the Sailing Instructions will be posted on the Official Notice Board located outside on The SFYC Deck. Except for changes in the Sailing Instructions made on the water, any changes in the Sailing Instructions will be posted before 1000 hours on the day that they take effect, except:

- a. The Sailing Instructions may be changed at the Competitors' Meeting on Saturday, August 11, 2012. Any changes made at the Competitors' Meeting will be posted on the Official Notice Board as soon as practicable after the conclusion of the Meeting.
- b. Any change in the schedule of racing will be posted before 1800 hours on the day before it takes effect.

5.2. Changes in the Sailing Instructions on the water will be signaled by flying Code flag "L" from the Race Committee Signal Boat ("Victory"). Any changes will be communicated orally to the competitors by the Joint Committee or the Umpires.

5.3. Any changes in the Sailing Instructions will be approved by the Joint Committee.

5.4. The Race Committee will communicate on VHF channel 65.

6. SIGNALS MADE ASHORE

6.1. Signals made ashore will be displayed on the Club flagpole on the lawn adjacent to The SFYC clubhouse.

6.2. When flag AP is displayed ashore, 'warning' is replaced by 'attention' and '1 minute' is replaced by 'not less than 90 minutes' in race signal AP.

7. RACING SCHEDULE

7.1. The first Attention Signal will be at 1130 hours each day. A race will not be started if the average wind speed over the previous ten minutes, as observed by the Joint Committee, is less than eight (8) knots. In the absence of the required minimum wind strength, the race(s) will be postponed or abandoned. Subsequent races will be started as soon as possible after completion of the preceding race. The number of matches to be sailed each day will be determined by the Joint Committee.

7.2. The event will consist of a series of matches between the adult teams and a series of matches between the junior teams. The adult match will be match 1 on all flights and the junior match will be match 2 on all flights.

7.3. The winner of each match will score one point for their club. The winner of the regatta shall be the first club to score 10 points. If at the end of *racing*, neither club has scored 10 points, the winner shall be the club with the higher score.

7.4. If either club scores 6 points on the first day, *racing* will stop for the day, unless the Joint Committee agrees that the *racing* should continue. SI 7.4 supersedes DOT 3(e) and DOT 3(e) will no longer apply.

7.5. In the case of a series tie, the tie shall be broken by a single match between the adult teams. This race may be started after 1430. This changes RRS C11.3 (a).

7.6. The Joint Committee may change the format when conditions do not permit the completion of the intended format.

7.7. Before the Attention Signal of a race or within two minutes of finishing a race, whichever is later, a boat may signal a breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start by calling the Race Committee Signal Boat (“Victory”) on VHF 65 or hailing the Race Committee Signal Boat (“Victory”) or an Umpire boat. She shall proceed as soon as possible to a position close to leeward of the Race Committee Signal Boat (“Victory”) and remain there, unless otherwise directed, until repairs are completed. The time allocated for repairs will be determined by the Umpires.

8. RACING AREAS

8.1. The intended racing area is located in the vicinity of the Berkeley Olympic Circle. The racing area may be relocated to coordinate with other races. The Joint Committee may make a change of the racing area on the water.

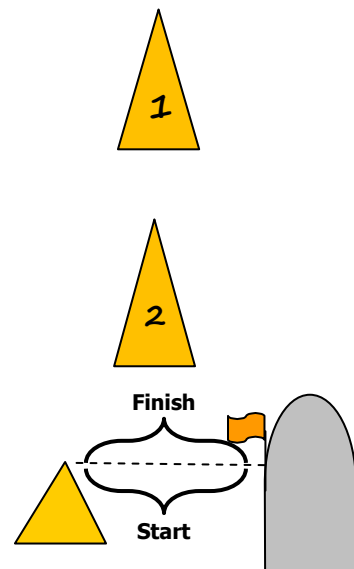
9. MARKS AND COURSES

9.1. Mark 1 and Mark 2 will be red/orange inflatable buoys.

9.2. Mark 1 and Mark 2 will be rounding marks, to be rounded to Starboard.

9.3. The course will be Start - 1 - 2 - 1 - Finish.

9.4. Course configuration will be as follows:



10. THE START

10.1. Races will be started in accordance with RRS C3.1. The Warning Signal will be numeral pennant one for the adult matches, and numeral pennant two for the youth matches.

10.2 Flights will be signaled with numeral placards.

10.2. The Starting Line will be between a staff displaying an orange flag on the Race Committee Signal Boat ("Victory") and the course side of a red/orange inflatable mark.

10.3. If one yacht withdraws from the race, the remaining yacht shall complete the course unless otherwise advised by the Umpires after consultation with the Joint Committee.

11. Boats and Sails

11.1. The event will be sailed in J22 type boats with sails provided by the OA.

11.2 The sail combination to be used will be signaled from the RC signal boat with or before the warning signal. The signals have the following meanings;

<u>Signal</u>	<u>Sail Combination to be used</u>
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No signal	Main, jib, and spinnaker
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Code Flag "T"	Main and jib (no spinnaker)
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11.3 At the discretion of the Joint Committee, a set of reduced area sails may substitute the provided sails. The reduced area sails may be required of the adult teams, the youth teams, or both. The signal for the reduced area sails will be Code Flag "B". Code Flags "B" over "1" indicates that the adult teams are to use the reduced sail area sails, Code Flags "B" over "2" indicates that the youth teams are to use the reduced area sails, and Code Flags "B" over "1" and "2" indicates that all teams are to use the reduced area sails. The signal will be made ashore by 1000. Once the signal has been made, it will remain in effect for the day.

12. THE FINISH

12.1. The finish line will be between a staff displaying an orange flag on the Race Committee Signal Boat ("Victory"), and the course side of a red inflatable mark.

12.2. A sound signal made from the Race Committee Signal Boat ("Victory") at the finish line means: "It has been observed that this boat has crossed the finishing line."

13. TIME LIMIT, ABANDONMENT, SHORTENING

13.1. RRS 32 is deleted and replaced with: "After the Starting Signal the Joint Committee may abandon or shorten any match for any reason, after consulting with the match Umpires when practical."

13.2. In the event of abandonment, the race will be resailed under these Sailing Instructions at a time and place to be determined by the Joint Committee, without regard to any penalties under Appendix C.

14. PROTESTS

14.1. Any competitor who intends to file a protest under RRS C6.1 (b) shall comply with the Rule and inform the Umpires of the basis for the protest as soon as possible after finishing the match. Competitor protests under RRS C6.1 (b) and requests for redress under RRS C6.3 shall be oral.

14.2. Hearings may be held on or off the water at the discretion of the Chief Umpire.

14.3. Hearings under RRS C6.1 (b) or C6.3 will be heard by a Protest Committee composed of the Chief Umpire and additional Umpires to be selected by the Chief Umpire.

15. HAUL OUT RESTRICTION

15.1. The competing boats shall be launched by 1700 hours on Friday, August 10, 2012. Thereafter, boats may be hauled out only in case of damage or emergency, and with the written permission of the Joint Committee or Referee.

16. Awards

16.1. The Club winning the regatta will be awarded the SFYC/AYC Corinthian Cup. The trophy will be awarded on the Front Deck of The SFYC Clubhouse as soon as possible after racing at approximately 1600 on Sunday, August 11, 2012.

16.2. Custody of the SFYC/AYC Corinthian Cup will be transferred to the victorious Club upon execution and delivery of a receipt by an officer or authorized agent of the winning Club.

17. Boat Handling (Appendix C)

1 Prohibited Items and Actions

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.

- 1.12 Using a winch to adjust the mainsheet, backstay or vang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than compass and watches.
- 1.15 Using the spinnaker pole to wing out the foresail.
- 1.16 Marking directly on the hull or deck with permanent ink.
- 1.17 After the starting signal and while sailing close hauled for more than a few seconds, controlling the main boom position by using anything other than the mainsheet and the vang.
- 1.18 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.19 Attaching the spinnaker pole end to the shrouds.

2 Permitted Items and Actions

The following are permitted.

- 2.1 Taking on board the following equipment:
 - (a) basic hand tools;
 - (b) adhesive tape;
 - (c) line (elastic or otherwise of 4 mm diameter or less);
 - (d) marking pencils;
 - (e) tell tale material;
 - (f) watch, timers and hand held compass;
 - (g) shackles and clevis pins;
 - (h) velcro tape;
 - (i) spare flags; and
 - (j) VHF radio.
- 2.2 Using the items in 2.1 to:
 - (a) prevent fouling of lines, sails and sheets;
 - (b) attach tell tales;
 - (c) prevent sails being damaged or falling overboard;
 - (d) mark control settings;
 - (e) make minor repairs and permitted adjustments;
 - (f) make signals as per RRS Appendix C6; and
 - (g) use the VHF to receive instructions from the RC or to contact the RC.
- 2.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 2.4 Changing the number of mainsheet purchases.

3 Mandatory Items and Actions

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 3.2 At the end of each sailing day:
 - (a) rolling, bagging and placement of the sails as directed

- (b) leaving the boat in the same state of cleanliness as when first boarded that day
- (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5 A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

4 Equipment List

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

Sails and Sailing Equipment

- Mainsail and set of battens
- Jib
- Spinnaker
- One winch handle
- Two winch handle holders
- One spinnaker pole
- Two spinnaker sheets
- Two headsail sheets
- Tiller extension
- Jib cars
- Competitor flag set

Safety Gear

- First aid kit
- Bucket and sponge
- Flares
- Type IV throwable PFD
- Four adult PFDs
- Bilge pump
- Paddle
- Tow line
- Anchor with chain and line
- VHF Radio

Mooring Lines and Fenders

- Three mooring lines
- Two fenders