



**2011 Appleton Regatta  
NorCal High School #4 and #5  
The San Francisco Yacht Club  
November 5 and 6**

**NOTICE OF RACE**

**1. ORGANIZING AUTHORITY:**

The San Francisco Yacht Club is the organizing authority, in conjunction with BAYS and PCISA.

The San Francisco Yacht Club  
98 Beach Road  
Belvedere, CA 94920  
Phone: 415-435-9525

Contact: Forrest Gay  
Phone: 415-435-9525  
E-Mail: [youth@SFYC.org](mailto:youth@SFYC.org)  
Fax: (415) 435-4794

**2. SCHEDULE OF EVENTS:**

**Saturday, November 5<sup>th</sup>**

Registration for NorCal #4	8:30-9:30
Competitors' meeting	10:00
First Warning	11:30
No starts after	4:00
Awards and snacks	after racing

**Sunday, November 6<sup>th</sup>**

Registration for NorCal #5	8:30-9:30
Competitors' meeting	10:00
First Warning	11:30
No starts after	4:00
Awards and snacks	after racing

**3. RULES:** The regatta will be governed by Racing Rules of Sailing (RRS 2009-2012), the prescriptions of US SAILING, the ISSA Procedural Rules, the PCISA Procedural Rules, the rules of the CFJ Class (except those rules regarding class membership), this Notice of Race, and by the Sailing Instructions. Sailing Instructions will be available at registration.

**4. ENTRY:** Registration forms should be faxed to 415-435-4794, or e-mailed to [youth@SFYC.org](mailto:youth@SFYC.org), or mailed to the Youth Sailing Office of The SFYC. **The entry form deadline is 4pm November 4, 2011.** Registration must include sail numbers.

**5. FEE:** Entry fee is \$15.00 per sailor per day. Checks should be made payable to The San Francisco Yacht Club. This includes light breakfast, racing, lunch, snacks after racing, and trophies.

**6. ELIGIBILITY:** This regatta is open to high school teams that are current members of the PCISA.

**7. FORMAT:** The 2011 NorCal format will be used with a Gold and a Silver fleet. Each team must provide a boat for each division sailed. Coaches must designate each boat "gold" or "silver," and both sailors in each boat must attend the same school. Substitutions will be allowed on the water between races if needed.

**8. BOATS:** Competitors must bring their own boats, blades, standing and running rigging, sails and any other equipment necessary to sail. There will be no boat rotations.

**9. COURSE LOCATION:** If conditions permit, racing will be in Belvedere Cove. If there is not wind in the Cove, racing will be moved to Richardson Bay or Knox Shoal. Please bring enough clothes for a day of open water sailing!

**10. MEDICAL RELEASE/CONSENT FORM:** The entry form, and a parent consent/waiver of liability and medical release form must be completed for each competitor prior to competing. No competitor will be allowed on the water without these forms.

**11. INFORMATION:** Contact Forrest Gay at 415-435-9525 or email [youth@sfdc.org](mailto:youth@sfdc.org).

**Appleton Regatta** - NorCal HS #4 and #5  
November 5-6, 2011

Amount Paid: \$ \_\_\_\_\_ (\$15 each day)

**\*\*Please circle each regatta you will be sailing: Saturday (#4) Sunday (#5)**

**Registration Form**

School Name: \_\_\_\_\_

Coach or Advisor: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Yacht Club Affiliation if any: \_\_\_\_\_

GOLD or SILVER (circle one)

Team Captain: \_\_\_\_\_

**Who is sailing? NAME (PLEASE PRINT CLEARLY) and YEAR OF GRADUATION**

Skipper \_\_\_\_\_ Sail # \_\_\_\_\_

Crew \_\_\_\_\_

Alternate \_\_\_\_\_

My teammates and I agree to abide by the rules of The San Francisco Yacht Club, US Sailing, PCISA/ISSA Procedural Rules, and other rules under which this race is sailed. We agree to indemnify and hold The San Francisco Yacht Club, its officers, directors and committeemen harmless of any liability of any nature whatsoever for accident or injury to ourselves, or our boats, while racing or engaging in any activities connected to the regatta.

My teammates and I agree to abide by the decisions of the race and protest committees. We further agree not to sail in hazardous conflict with commercial traffic.

\_\_\_\_\_  
Team Captain Signature                      Date

\_\_\_\_\_  
Team Adult Signature                      Date

**THIS AGREEMENT CONTAINS A RELEASE AND WAIVER – READ FIRST**

**RELEASE, WAIVER AND RETENTION OF RIGHTS AGREEMENT**

IN CONSIDERATION OF acceptance of my entry and of the substantial volunteer efforts of the directors, members, employees, representatives and associated volunteers for The San Francisco Yacht Club, THE UNDERSIGNED HEREBY

1. WAIVES AND RELEASES ANY AND ALL CLAIMS, INCLUDING THOSE OF NEGLIGENCE OR EQUIVALENT CONDUCT WHICH I MAY HAVE AGAINST THE HOST, ITS DIRECTORS, MEMBERS, EMPLOYEES, REPRESENTATIVES, ASSOCIATED VOLUNTEERS AND (if applicable) the UNITED STATES SAILING ASSOCIATION (“US SAILING”) RESULTING FROM MY PARTICIPATING IN THE APPLETON REGATTA ("event" hereafter) AND ALL ACTIONS RELATED THERETO.

2. acknowledges my responsibilities in participating in this event, for my decisions to start or continue to race in the event and to make certain that my boat, equipment and crew are seaworthy for the conditions which may be encountered during my participation.

3. retains any and all rights against other competitors for any wrongful acts by them; and retains all rights against the Host, its directors, members, employees, representatives and associated volunteers for the event which are not related in any way to my participation in, the preparations for, the racing, return, protests and removal of my boat from the site of the event.

4. specially waives any statute, by incorporating its reference and citation herein, which may require such inclusion and reference in order to effect these provisions. If any provision of the agreement is not enforceable, such determination shall not affect the enforceability of the remaining provisions of this agreement. This agreement shall be construed and enforced under the laws of the state in which the Host has its main offices.

Team Representative (Must be a non-competing adult)

\_\_\_\_\_  
NAME

\_\_\_\_\_  
TEAM NAME

\_\_\_\_\_  
PARENT SIGNATURE

\_\_\_\_\_  
DATE