



**2013 Appleton Regatta
NorCal High School #10 and #11
The San Francisco Yacht Club
March 2 and 3**

NOTICE OF RACE

The NorCal High School #10 and #11 Regattas will be organized by The San Francisco Yacht Club, in association with BAYS and PCISA.

1. RULES: The regatta will be governed by the rules as defined by *The Racing Rules of Sailing*; and the prescriptions of US SAILING, the ISSA Procedural Rules, the PCISA Procedural Rules, the NorCal League Provisions, the rules of the CFJ Class (except those rules regarding class membership), this Notice of Race, and by the Sailing Instructions.

2. ELIGIBILITY AND ENTRY: This regatta is open to high school teams that are current members of the PCISA. Competitors must bring their own boats, blades, standing and running rigging, sails and any other equipment necessary to sail. There will be no boat rotations. Registration forms should be faxed to 415-435-4794, or e-mailed to youth@SFYC.org, or mailed to the Youth Sailing Office of The SFYC. **The entry deadline is 4pm February 27, 2013.** Registration MUST include sail numbers.

3. FEES: Entry fee is \$15.00 per sailor per day. **Payment may be made at the registration desk.** Checks should be made payable to The San Francisco Yacht Club. This includes light breakfast, racing, lunch, snacks after racing, and trophies.

4. SCHEDULE:

Saturday, March 2nd

Registration for NorCal #10	8:30-9:30
Competitors' meeting	10:00
First Warning	11:30
No starts after	4:30
Awards and snacks	after racing

Sunday, March 3rd

Registration for NorCal #11	8:30-9:30
Competitors' meeting	10:00
First Warning	11:30
No starts after	4:30
Awards and snacks	after racing

5. SAILING INSTRUCTIONS: Sailing Instructions will be available on the SFYC website after 2/27 at 5pm, and at the registration desk on site.

6. VENUE: If conditions permit, racing will be in Belvedere Cove. If there is not wind in the Cove, racing will be moved to Richardson Bay or Knox Shoal. Please bring enough clothes for a day of open water sailing!

7. COURSES: The courses will be modified windward leeward and triangles with the start/finish line in the middle.

8. SCORING AND FORMAT: All races sailed will count towards the regatta score each day. The 2012/13 NorCal format will be used with a Gold and a Silver fleet. Each team must provide a boat for each division sailed. Coaches must designate each boat "gold" or "silver," and both sailors in each boat must attend the same school, except as permitted under the PCISA NorCal League Provisions. Substitutions will be allowed on the water between races if needed.

9. PRIZES: Trophies will be awarded to the top 3 skippers and crews in each fleet each day (2 separate regattas.)

10. MEDICAL RELEASE/CONSENT FORM: The entry form, and a parent consent/waiver of liability and medical release form must be completed for each competitor prior to competing. No competitor will be allowed on the water without these forms.

11. FURTHER INFORMATION: Contact Forrest Gay at 415-435-9525 or email forrest@sfyc.org.

The San Francisco Yacht Club
98 Beach Road
Belvedere, CA 94920
Phone: 415-435-9525

Contact: Forrest Gay
Phone: 415-435-9525
E-Mail: forrest@SFYC.org
Fax: (415) 435-4794

Appleton Regatta - NorCal HS #10 and #11
March 2 and 3, 2013

Amount Paid: \$_____ (\$15 each day)

****Please circle each regatta you will be sailing: Saturday (#10) Sunday (#11)**

Registration Form

School Name: _____

Coach or Advisor: _____ Phone: _____

Email: _____

Yacht Club Affiliation if any: _____

GOLD or SILVER (circle one)

Team Captain: _____

Who is sailing? NAME (PLEASE PRINT CLEARLY) and YEAR OF GRADUATION

Skipper _____ Sail # _____

Crew _____

Alternate _____

My teammates and I agree to abide by the rules of The San Francisco Yacht Club, US Sailing, PCISA/ISSA Procedural Rules, and other rules under which this race is sailed. We agree to indemnify and hold The San Francisco Yacht Club, its officers, directors and committeemen harmless of any liability of any nature whatsoever for accident or injury to ourselves, or our boats, while racing or engaging in any activities connected to the regatta.

My teammates and I agree to abide by the decisions of the race and protest committees. We further agree not to sail in hazardous conflict with commercial traffic.

Team Captain Signature Date

Team Adult Signature Date

This page must be filled out and signed by a parent of
EVERY competitor

THIS AGREEMENT CONTAINS A RELEASE AND WAIVER – READ FIRST

RELEASE, WAIVER AND RETENTION OF RIGHTS AGREEMENT

IN CONSIDERATION OF acceptance of my entry and of the substantial volunteer efforts of the directors, members, employees, representatives and associated volunteers for The San Francisco Yacht Club, THE UNDERSIGNED HEREBY

1. WAIVES AND RELEASES ANY AND ALL CLAIMS, INCLUDING THOSE OF NEGLIGENCE OR EQUIVALENT CONDUCT WHICH I MAY HAVE AGAINST THE HOST, ITS DIRECTORS, MEMBERS, EMPLOYEES, REPRESENTATIVES, ASSOCIATED VOLUNTEERS AND (if applicable) the UNITED STATES SAILING ASSOCIATION (“US SAILING”) RESULTING FROM MY PARTICIPATING IN THE APPLETON REGATTA ("event" hereafter) AND ALL ACTIONS RELATED THERETO.

2. acknowledges my responsibilities in participating in this event, for my decisions to start or continue to race in the event and to make certain that my boat, equipment and crew are seaworthy for the conditions which may be encountered during my participation.

3. retains any and all rights against other competitors for any wrongful acts by them; and retains all rights against the Host, its directors, members, employees, representatives and associated volunteers for the event which are not related in any way to my participation in, the preparations for, the racing, return, protests and removal of my boat from the site of the event.

4. specially waives any statute, by incorporating its reference and citation herein, which may require such inclusion and reference in order to effect these provisions. If any provision of the agreement is not enforceable, such determination shall not affect the enforceability of the remaining provisions of this agreement. This agreement shall be construed and enforced under the laws of the state in which the Host has its main offices.

SAILOR’S NAME

TEAM

PARENT SIGNATURE

DATE