



2014-15 High School NorCal Championships
March 21-22, 2015
The San Francisco Yacht Club

Sailing Instructions

1 Rules

1.1 The regatta will be governed by the rules as defined by *The Racing Rules of Sailing*; and the prescriptions of US SAILING, the ISSA Procedural Rules as modified by the PCISA Procedural Rules, the NorCal League Provisions, the rules of the CFJ Class (except those rules regarding class membership), the Notice of Series, the Notice of Race, and by the Sailing Instructions.

1.2 Sailor participation records will be required, and shall be updated by each team online at www.scoring.hssailing.org.

2 Notices to Competitors/ Changes to the Sailing Instructions

All notices to competitors or changes to the Sailing Instructions will be posted on the notice board near the Junior Flag Pole of The San Francisco Yacht Club.

3 Safety

3.1 A boat that retires from a race must notify the Race Committee prior to leaving the course area. If this is not possible, they must do so immediately upon arriving ashore.

3.2 Each competitor shall provide and wear a **USCG approved** personal flotation device (PFD) at all times while afloat, except for brief periods so as to allow for addition or removal of clothing. Wetsuits or drysuits **are not** acceptable substitutes for a PFD.

3.3 Competitors shall keep clear of commercial traffic at all times.

4 Boats

Each team is responsible for providing one High School legal CFJ and one set of CFJ sails with a pre-assigned NorCal sail number. 1 bailer per boat is required; 2 are recommended.

5 Schedule of Events

Saturday, March 21

Check in	9:30-10:15
Competitors' meeting	10:30
First Warning	11:30

Sunday, March 22

First Warning	11:00
No starts after	4:30
Awards	after racing

6 Racing Area

The primary racing venue is Richardson Bay, with Knox and Belvedere Cove reserved as alternate venues, should weather dictate. Please bring enough clothes for a day of open water sailing.

7 Courses

7.1 Courses will be windward/leeward configuration. See attached course charts.

7.2 All marks shall be left to port, except for the gate.

8 Marks

Marks 1 and the gate will be red inflatable cones. If one of the gate marks is missing boats shall round the remaining mark to port. Mark O is an offset from mark 1 and will be an orange ball.

9 Start/Finish

9.1 The start/finish line shall be between a yellow inflatable mark and an orange flag on a staff aboard the committee boat, or an orange flag on a second race committee boat.

9.2 Races will be started in accordance with RRS Appendix S, Sound Signal Starting System. (3 minute)

10 Recalls

10.1 Sail numbers will be used to hail a vessel in the event she is on course side at the time of her start signal.

10.2 Individual recalls will be signaled by verbal hail and with Code Flag "X".

10.3 It is the obligation of every boat to make a proper start. The race committee will hail the sail number of any boat on course side at the time of her start signal, however failure to hear these hails, or the order and timeliness of these calls, shall not constitute grounds for redress.

10.4 A General Recall will be signaled by verbal hail and/or multiple sound signals. The start sequence will commence as soon as practical thereafter.

10.5 In accordance with ISSA Procedural Rules the "Round-the-Ends" provisions of RRS 30.1 shall then apply to all subsequent starting sequences for that race, without the need for any signal to be given (ISSA PR 7.8 (b)).

11 Abandoning Race

11.1 The Race Committee may abandon a race in progress when a change in weather conditions has, in its judgment, made the race unsatisfactory. Abandonment will be signaled by multiple sound signals.

11.2 The Race Committee may act under RRS Part 3 (Conduct of a Race) without the approval of the jury.

12 Scoring

Scoring will be as provided in ISSA Procedural Rule 9, with the exception that Gold and Silver fleets will be scored separately.

13 Protests

Protest procedures will be in accordance with ISSA Procedural Rules 16-21. Protests shall be submitted in writing. Protests will be heard as soon as possible after the RC boat docks. A competitor intending to protest is not required to fly a red flag. This amends ISSA PR 16(a).

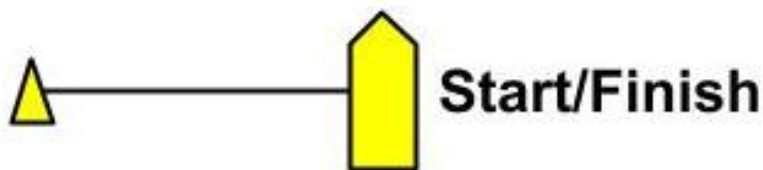
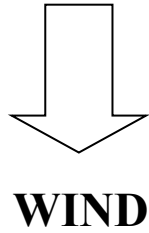
14 Trophies

Trophies will be awarded to the top three teams in each division.

15 Coaching

Coaching between races will be allowed. Coaches must stay off the racecourse unless asked to assist by the race committee.

Appendix "A" – COURSES



Courses

#1: Start-1-O-Finish

#2: Start-1-O-gate-1-O-Finish