



2015/16 Northern California Optimist Winter Series #1

The San Francisco Yacht Club

Belvedere, California

November 7-8, 2015

Sailing Instructions

Organizing Authority: SFYC, as represented by Forrest Gay and Justine O'Connor

1 Rules

- 1.1 The regatta shall be governed by the rules as defined in the *Racing Rules of Sailing* (RRS), the Notice of Series, the NOR (except as changed by these sailing instructions), the rules of USODA and IODA, and these Sailing Instructions.
- 1.2 RRS 40.1 is changed as follows: All competitors are required to wear USCG approved lifejackets while sailing, the "Y" flag will not be displayed.

2 Notices to Competitors and Changes to the Sailing Instructions

- 2.1 Notices will be posted on the door of the SFYC youth classroom.
- 2.2 Any changes to the sailing instructions will be posted on the door of the SFYC youth classroom. Changes may be announced and posted immediately after the skippers meeting by 1130 hours on November 7th. On November 8th, any changes to the sailing instructions will be posted before 1000 hrs.

3 Signals Made Ashore

- 3.1 Signals made ashore will be displayed from the flagstaff near the Youth Dock.
- 3.2 If a postponement is signaled ashore, the warning signal will be made not less than 45 minutes after flag 'AP' is lowered. This changes Race Signal AP.

4 Schedule

Saturday, Nov 7	1000-1045	Registration
	1100	Skippers' Meeting, green fleet meeting to follow
	1130	Harbor Start for Green Fleet (Lunch break on land, no lunch provided)
	1200	First warning signal for Championship Fleet (There will be no food/lunch provided)
Sunday, Nov 8	1130	Harbor Start for Green Fleet (Lunch break on land, no lunch provided)
	1200	First warning signal for Championship Fleet (There will be no food/lunch provided)
	1530	No starts after this time
	1630 (approx.)	Results distributed

5 Class Flags

- 5.1 The Championship class flag will be a white flag with the Opti insignia.
- 5.2 The Green Fleet will not have a class flag and will use 3-minute whistle starts.

6 Racing Area

For the Championship Fleet the primary racing area will be Richardson Bay, with an alternate venue in Belvedere Cove. The Green Fleet will race in Belvedere Cove.

7 Courses and Marks

- 7.1 The diagram and course description on the attached course chart (Appendix "A") shows the Championship Fleet course including the order in which the marks are to be passed. All marks shall be left to port.
- 7.2 Green Fleet will sail standard courses as described at their Skippers' Meeting.
- 7.3 Boats that have finished shall stay well clear of all boats racing.
- 7.4 The marks for the Championship Fleet will be red inflatable marks.
- 7.5 The marks for the Green Fleet will be orange balls.

8 The Start and Finish

- 8.1 Championship Fleet races will be started using RRS 26. For the Championship Fleet all color divisions will start and be scored together.
- 8.2 The starting line will be between a staff or halyard displaying an orange flag on the RC Boat, at the starboard end, and a yellow inflatable mark at the port end.
- 8.3 A boat shall not start later than 5 minutes after her starting signal.
- 8.4 The finishing line will be between a yellow inflatable mark and a staff or halyard displaying an orange flag on the RC Boat.
- 8.5 When the course is shortened at a mark the finish line will be between the mark and the staff displaying an 'S' flag on the finishing boat, per RRS 32.2.

9 Time Limit

The time limit will be 60 minutes for the first boat to sail the course and finish. Boats failing to finish within 15 minutes after the first boat finishes will be scored DNF. This changes rule RRS 35.

10 Protests

- 10.1 Boats are required by the USODA rules and the second sentence of RRS 61.1(a) to display a red flag. A boat required to display a flag shall do so until she is no longer racing.
- 10.2 Upon finishing each race, protesting boats shall immediately, without consultation with coaches, spectators, or any others, notify the race committee boat at the starboard end of the finishing line of their intention to protest and the sail number of the protested boat. This adds to RRS 61.1(a).
- 10.3 All protests shall be filed at the Youth Office no later than thirty minutes after the finish boat docking time. The docking time (beginning of protest time) will be posted on the official notice board.
- 10.4 Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within thirty minutes after the end of protest time. This is the notice required by RRS 63.2.

11 Scoring

- 11.1 The Low Point Scoring System, Appendix A2, will be used.
- 11.2 8 races are scheduled. One race must be completed to constitute a series.
- 11.3 When fewer than five races have been completed, a boat's series score will be the total of her race scores.

- 11.4 When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

12 Safety-Equipment

- 12.1 Each competitor shall wear Coast Guard approved personal flotation devices, properly secured at all times. Wet suits, dry suits and inflatable PFD's do not constitute adequate personal buoyancy. A whistle shall be attached to the life jacket.
- 12.2 When a competitor leaves the racing area before the end of racing each day, he/she shall notify the race committee and be towed back to SFYC. If someone is unable to notify the race committee afloat, they shall notify the safety person ashore before leaving the harbor area. Failure to comply with this sailing instruction may make the sailor ineligible to sail at this regatta again.
- 12.3 Equipment and boat safety checks may be made ashore.
- 12.4 Competitors must accept assistance from an official safety boat. Any sailor not accepting assistance when safety is an issue will be excused from the remainder of the regatta.
- 12.5 Competitors must use one sail, one set of spars, one rudder, one daggerboard and one hull for the duration of the regatta. The Jury may permit substitution of damaged equipment after approval.
- 12.6 All boats must comply with USODA measurement rules and are subject to inspection at any time during the regatta by the jury. This includes, but is not limited to, a proper bow line (with loop at the end) and a bailer.

13 Support/Coach Boats

- 13.1 All support boats will also act as safety boats. All support boats will have adequate first aid and safety gear aboard, as well as a marine VHF radio monitoring channel USA 65A.
- 13.2 Coaches, spectators, and other support personnel shall not enter the championship racing area while boats are racing. Green Fleet coaching guidelines apply (coaching the trailing half of the fleet on the racecourse is allowed). There will be safety boats on the water to offer assistance to vessels in need. The penalty for failing to comply with any requirement of this section may be any penalty prescribed by the Jury, up to disqualification from the regatta, for the sailor(s) associated with the infringing parties.
- 13.3 The championship racecourse is approximately 30 minutes by tow from SFYC. All boats shall be towed both to and from the racecourse.

14 Communications

The Race Committee may use loudhailers to communicate information about the course selection, time to the start and the sail numbers of boats that are OCS or have violated RRS 30. Neither failure of the Race Committee to communicate the sail numbers of OCS boats, the timeliness or order of the communication, nor failure of an OCS boat to receive or hear transmitted information, will be grounds for redress. This changes RRS 62.

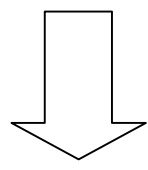
15 Prizes

Prizes will be given at the conclusion of the Winter Series in April 2016.

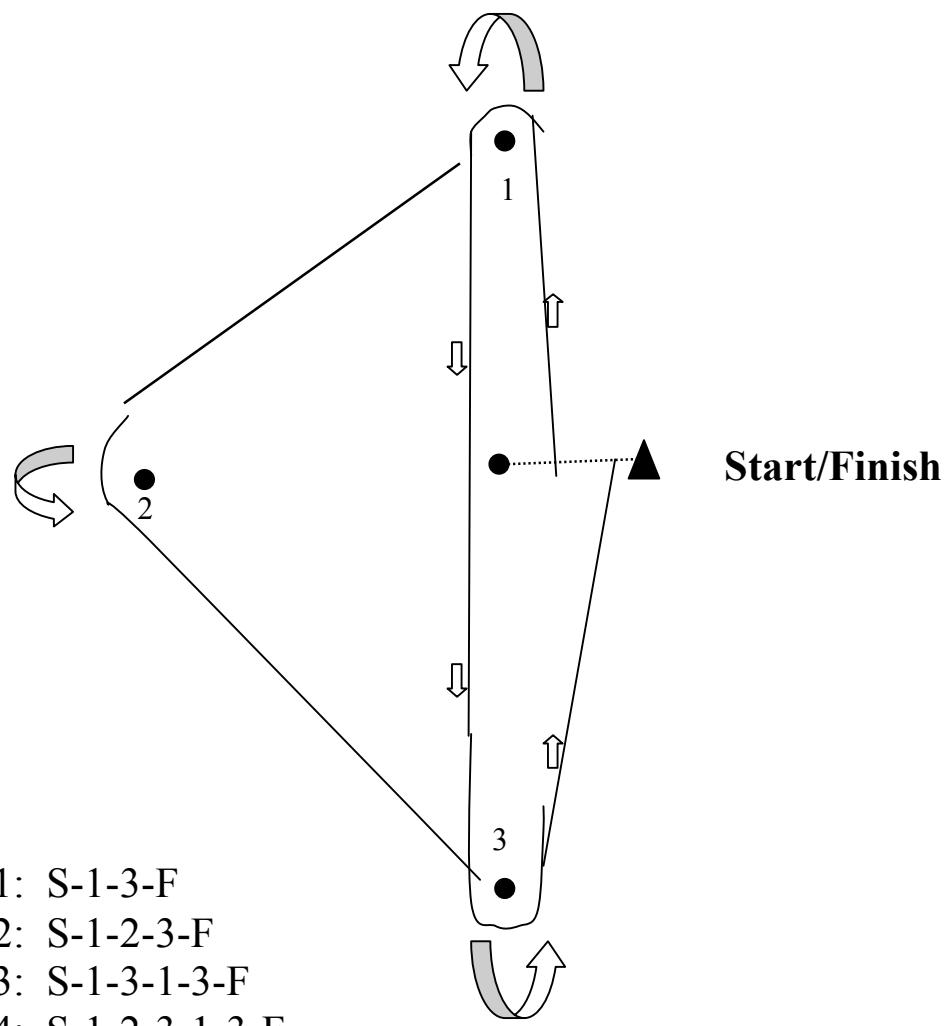
16 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix "A" – COURSES



WIND



- Course 1: S-1-3-F
- Course 2: S-1-2-3-F
- Course 3: S-1-3-1-3-F
- Course 4: S-1-2-3-1-3-F