



2015 USODA Pacific Coast Championship

September 19-20

Hosted by The San Francisco Yacht Club

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (2013-2016)*.
- 1.2. "USODA Conditions for Sanctioned Regattas and Championships ", including the USODA 'Code of Conduct', will apply, and can be found at www.usoda.org. Competitors, Coaches, Parents, and Guardians shall abide by the USODA 'Code of Conduct'. This includes behavior both on and off the water including respect for all other persons, personal property of others, The San Francisco Yacht Club (SFYC), and the Cities of Belvedere and Tiburon.
- 1.3. Rule 61 is changed as follows: In rule 61.1(a), delete, "She shall display the flag until she is no longer racing," and replace with, "Her protest flag shall be attached to the helmsmen's lifejacket in a manner that allows it to be concealed before and then after it is displayed." Rule 61.1(a)(2) is deleted. Add rule 61.5:

61.5 Informing the Race Committee

In addition to meeting the requirements of rule 61.1, a boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, notify the race committee (RC) finish boat of her intent to protest and the sail number of the boat(s) she is protesting.

- 1.4. **Appendix P**, "Special Procedures for rule 42", will apply. P2.2, "Second Penalty" is changed to, "Second and Subsequent Penalties". There is also an addition to the end of the first sentence, "unless her penalty is signaled after she finishes, in which case she shall promptly notify the RC finish boat that she is retiring." P2.3 is deleted.

2. FORMAT OF THE REGATTA

- 2.1. There will be a Championship Fleet that will race as a single fleet.
- 2.2. Four (4) races are scheduled for Saturday, and three (3) races are scheduled for Sunday, for a total of seven (7) races.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in front of the SFYC Sailing Center.

4. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions (SI) will be posted on the official notice board before 0830 on the day that it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.



5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the flagpole at the Youth Sailing Dock.
- 5.2. All boats shall be kept at the venue in their assigned spot and no boats shall launch prior to the display of code flag “O” with one sound signal.
- 5.3. When code flag “AP” is displayed, “1 minute” is replaced with “not less than 60 minutes” in the race signal “AP.”

6. SCHEDULE OF RACES

Saturday, September 19

1000	Competitors, Coaches and Parents Meeting (Mandatory)
1045	Harbor Start
1200	First Warning Championship Fleet Lunch on the water
After Racing	Competitor Event

Sunday, September 20

1000	Competitors, Coaches and Parents Meeting (Mandatory)
1045	Harbor Start
1200	First Warning Championship Fleet Lunch on the water
1530	No start after this time
After Racing	Awards ceremony

7. RACING AREA

The racing area will be in the vicinity of the Berkeley Circle for the Championship Fleet.

8. THE COURSE AND CHANGE OF COURSE

- 8.1. SI Addendum 1 illustrates the course, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.
- 8.2. The position of marks may be adjusted slightly for small shifts in the mean wind without signaling a change of course. Any adjustments will be made before the first boat is on the leg to the effected mark. This changes rule 33.

9. MARKS

- 9.1. Rounding marks 1, 2, 3 and 4 will be red inflatable marks.
- 9.2. The starting marks will be the RC signal boat at the starboard end of the starting line and an RC pin boat, or a yellow inflatable mark, at the port end.
- 9.3. The finishing marks will be the RC finish boat at the starboard end of the finish line and an orange ball at the port end.

10. RESTRICTED AREAS (see also SI Addendum 1)

- 10.1. The **racing area** is the space encompassing the course and the starting area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official boats (designated as such by the RC) may enter the racing area while boats are racing.



- 10.2. The **pre-start area** is to leeward of the starting line and is open to coach and support boats prior to the first start of the day and prior to subsequent starts once the RC has display code flag “F” (red diamond on a white background). Immediately after a start, all coach and support boats shall exit the **pre-start area** proceeding only well below the extensions of the starting line until they are outside the **racing area**.
- 10.3. The **after-race waiting area** is upwind to starboard of the RC finish boat. Coach and support boats may enter the **after-race waiting area** as boats are finishing proceeding only well above the extensions of the finish line from outside the **racing area**.

11. THE START

- 11.1. The Class Flag will be a white flag with a blue Optimist symbol.
- 11.2. The starting line will be between a staff or halyard displaying an orange flag on the RC signal boat and a staff displaying an orange flag on the RC ‘pin’ boat, or the course side of the port end yellow starting mark.
- 11.3. Except for the first race of the day, when the RC flies code flag "F" (red diamond on a white field) all boats shall proceed from the **after-race waiting area** to the starting area.
- 11.4. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4 and A5.
- 11.5. If flag I and/or Z, U flag, or the black flag has been displayed, the RC may make general announcements regarding the approximate number of boats on the course side of the starting line, but will not hail individual sail numbers. Failure of the RC to make such announcements or failure of a boat to hear them will not be grounds for a boat to request for redress. This changes rules 41 and 62.1.
- 11.6. The RC will not hail the sail numbers of boats that are OCS or subject to starting penalties under rule 30.
- 11.7. If flag “U” has been displayed as the preparatory signal, no part of a boat’s hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.

12. THE FINISH

- 12.1. The finish line will be between a staff displaying an orange flag on the RC finish boat and the orange ball port end finish mark.
- 12.2. Immediately after finishing all boats shall proceed to the after-race waiting area upwind to starboard of the RC finish boat until all boats have finished.
- 12.3. Flag A displayed, with no sound, while boats are finishing means ‘No more racing today’.

13. ON-WATER PROTEST COMMITTEE

On-water protest committee boats will display code flag “J”.



14. TIME LIMITS

- 14.1. The time limit for the first boat in a race to sail the course and finish is 90 minutes.
- 14.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This instruction changes rule 35, A4, and A5.

15. PROTESTS, SCORING REVIEWS, REDRESS REQUESTS, AND PENALTIES

General

- 15.1. Protest and scoring review forms are available at the protest committee desk in the Judges' Area located upstairs in the Sailing Center. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2. The protest time limit is 45 minutes after the RC signal boat docks. The protest time limit (filing deadline) will be posted on the official notice board as soon as practical.
- 15.3. The protest notices required by rule 63.2, and the notification of protests by the RC or the protest committee required by rule 61.1(b), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 30 minutes after the protest time limit.
- 15.4. A breach of SI's 5.2, 12.2, 17.1 and 18 will not be grounds for a protest by a boat. This changes rule 60.1(a).
- 15.5. Hearings will be held at the protest room located upstairs in the Sailing Center. The helmsman shall represent the boat. Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Judges' Area.

Redress Requests

- 15.6. Requests for redress relating to possible scoring errors will initially be reviewed by the RC before being scheduled for hearing by the protest committee. This instruction changes rule 63.1.
- 15.7. If the RC posts a list of boats scored OCS, ZFP, UFD or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes the first sentence of rule 62.2.
- 15.8. Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the RC may have made. Further, the competitor will be expected to establish that he or she started properly. This changes rule 62.2.
- 15.9. Any competitor who may wish to become a party to a scheduled redress hearing should; 1) Check the daily schedule of protest and redress hearings that the protest committee will post on the official notice board describing the nature of the redress request and time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before the hearing begins. Redress requests that are filed regarding an incident that occurs after the day's protest time will be posted as soon as practicable on the official notice board. Competitors who want to become a party to any of these hearings shall submit a written request to the protest committee 15 minutes prior to the next day's harbor start, or on the last day of the regatta within 15 minutes of the redress request posting.



- 15.10. On the last scheduled day of racing a request for reopening a hearing or redress shall be delivered
- Within the protest time limit if the requesting party was informed of the decision on the previous day;
 - No later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 15.11. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

Penalties

- 15.12. All scoring penalties will be calculated under 44.3(c). A list of boats penalized for breaking rule 42 will be posted as soon as practical after racing.
- 15.13. A breach of SI 17.1 (Safety Check-Out or Check-In) shall be a 10 point scoring penalty assigned to the boat without a hearing. The Organizing Authority (OA) shall report all infractions of SI 17.1 directly to the RC scorer by Protest Time Limit, and the RC shall score such boats accordingly. This changes rules 63.1 and A5. A boat with multiple infractions of SI 17.1 may be protested by the RC and the penalty will be at the discretion of the protest committee, and may be less than or greater than DSQ.
- 15.14. The penalty for the first time a boat breaks any of SI 5.2, 12.2, 17.1 and 18, shall be a ten (10) point scoring penalty. The penalty for subsequent occurrences will be at the discretion of the protest committee and may be less than or greater than DSQ.
- 15.15. A boat that has taken a penalty under rule 44.1 shall complete and sign the alternative penalty acknowledgment log at the protest committee desk in the Judges' Area.

16. SCORING

- 16.1. The Low Point Scoring System of Appendix A will apply.
- 16.2. One completed race shall constitute a regatta.
- 16.3. Scoring based on races completed:
- When fewer than six (6) races have been completed, a boat's series score will be the total of all of her race scores.
 - When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY AND CHECK-OUT / CHECK-IN PROCEDURES

- 17.1. Each sailor shall check out using one of the two kiosks at the top of the ramps with their RFID wristband. Each sailor shall check in at the same kiosks within 30 minutes of arriving at the dock, or 45 minutes after the RC boat reaches the dock, whichever is later. The RC docking time will be posted on the notice board. Failure to follow safety check out or in procedures will result in the sailor being penalized under SI 15.13.
- 17.2. A competitor retiring from a race shall notify a RC boat or safety boat before leaving the course, or notify the RC immediately upon returning to shore.



18. EQUIPMENT AND MEASUREMENT

- 18.1. Measurement may be made of boats at any time during the regatta by the RC or judges at the direction of the RC.
- 18.2. Any request to consider approving on the water equipment substitutions shall be submitted to the RC before the end of that day's protest time limit.

19. COACH AND SPECTATOR REGULATIONS (see also SI Addendum 1)

- 19.1. Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 19.2. Parents who are on the water either in spectator or coach boats are considered coaches for the purpose of SI 19. Those parents who serve on RC boats (including patrol and safety boats) may be in a unique position to provide information that may create competitive advantage. These parents may not communicate in any way with their sailors or their coaches from the time the orange line flags are displayed until their sailor has finished his or her race (this shall be referred to as the "No Communication Period"). The only exception to this rule is when they are directed by the PRO or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to, among other things, their advantageous location on the race course or their access to RC communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., 'great race', 'get something to drink', 'go see your coach', etc.) are always permissible outside the "No Communication Period".
- 19.3. General coach and support (including spectator) boat requirements
 - a. Coach boats shall fly a numbered green flag provided by the RC at all times while on the water. Coach boats shall carry a VHF radio and monitor the RC channel (**VHF USA 65A**).
 - b. Support (parent and spectator) boats shall fly a yellow flag with a number provided by the RC at all times while on the water.
 - c. No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support boats while racing is underway.
 - d. Coach and support boats shall follow the instructions of RC, patrol, safety, protest committee, and race management boats at all times.
 - e. No coach or support boat shall tie up to or congregate around any aid to navigation, such as buoys or channel markers.
- 19.4. Restrictions
 - a. All coach and support boats shall stay out of the racing area while boats are racing and at least 100 yards away from any racing boat, and move slowly and with minimal wake, except where permitted in this instruction.
 - b. Certain coach boats may be designated as rescue craft by the Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
 - c. When the RC hoists or is displaying its orange starting line flags, all coach and support boats in the starting area shall proceed immediately to the pre-start coaches area and shall remain there until after the race is started. The RC may close the starboard side of the race course to coach and support boats.



19.5. Penalties

- a. Competitors affiliated with any coach, parent, or support boat that breaks SI 19 may break rule 41 even when boats are not racing. This changes rule 41 (outside help).
- b. Coaches, parents, or support boats that break SI 19 may be subject to disciplinary actions up to and including exclusion from the venue per the USODA 'Code of Conduct'.

20. **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. During online registration, all competitors and their parent/guardian must check the USODA Event Waiver box indicating they have read and agree to the USODA Event Waiver.

21. **PRIZES**

Prizes will be awarded as follows:

Overall: 1st through 5th place

Red, White, and Blue Fleets: 1st through 3rd place in each fleet

Top Girl: 1st through 3rd

Green Fleet: Participation awards for all

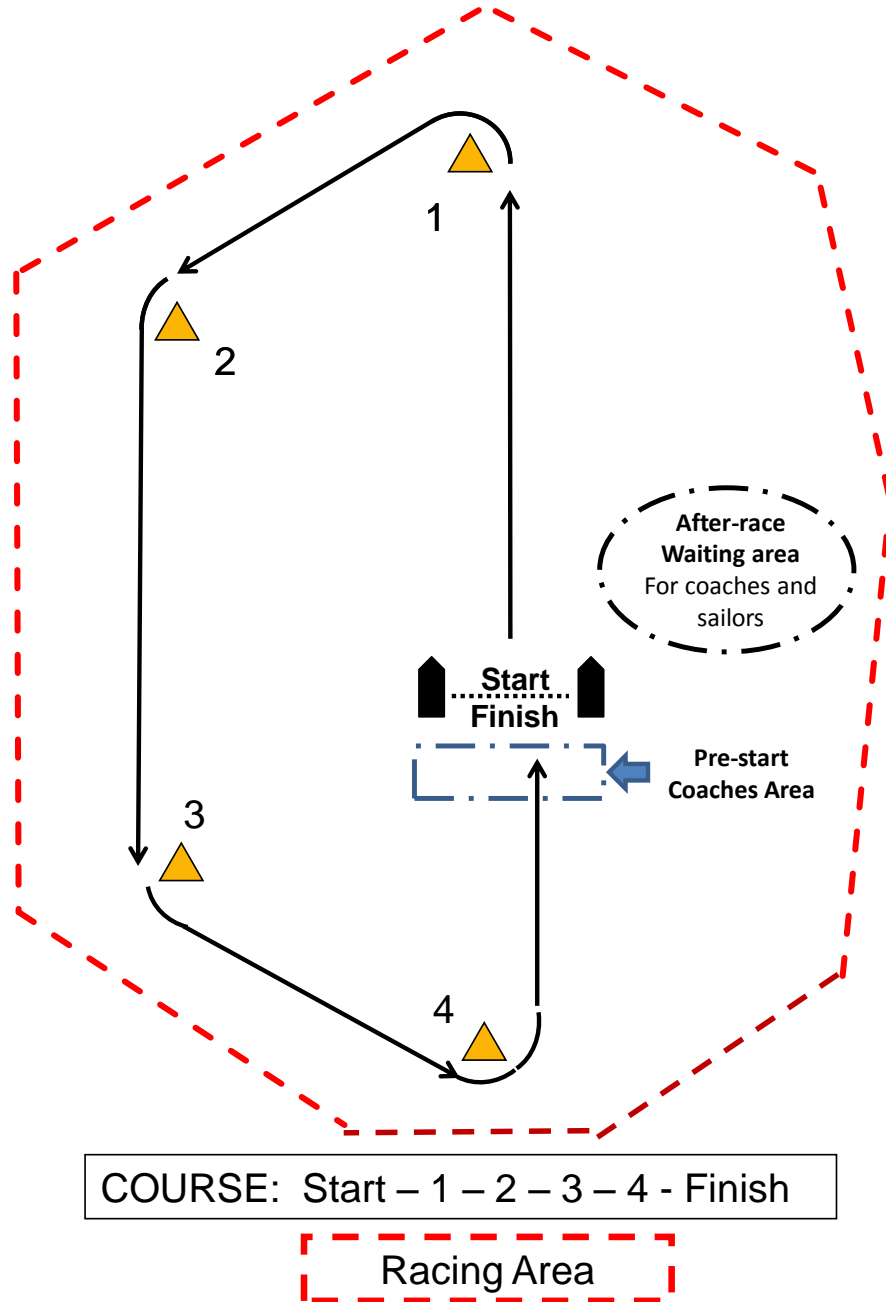
Regatta Chairperson: Forrest Gay

Principal Race Officer: Forrest Gay

Chief Judge: Vicki Sodaro



SI ADDENDUM 1 - Race Course and Restricted Areas Simple Trapezoid Course



Important note: Mark colors and shapes are illustrative only.