



2017 USODA Pacific Coast Championship

August 26-27

Hosted by The San Francisco Yacht Club (SFYC)
Organizing Authority (OA) is SFYC in conjunction with USODA

SAILING INSTRUCTIONS (SI)

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and by the “USODA Conditions for Sanctioned Regattas and Championships,” including the USODA ‘Code of Conduct’.
- 1.2. Rule 61 is changed as follows:
 - (a) The red protest flag required in rule 61.1(a) shall be attached to the sailor’s lifejacket in a manner that allows it to be concealed before it is needed and after the protested boat has acknowledged her foul. The last sentence of rule 61.1(a) is changed to read, “She shall display the flag until the protested boat(s) has been informed.”
 - (b) Rule 61.1(a)(2) is deleted.
 - (c) The following new rule is added to rule 61:

61.5 Informing the Race Committee (RC)

In addition to meeting the requirements of rule 61.1, a boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, notify the RC finish boat of her intent to protest and the sail number of the boat(s) she is protesting.

- 1.3. **Appendix P** will apply. P2.2, “Second Penalty” is changed to, “Second and Subsequent Penalties.” At the end of the first sentence, add, “unless her penalty is signaled after she finishes, in which case she shall promptly notify the RC finish boat that she is retiring.” P2.3 is deleted.
- 1.4. SI breaches for which a discretionary penalty may be applied by the Protest Committee (PC) are designated by “[**DP**]” – Discretionary Penalty.
- 1.5. SI breaches for which a standard penalty – as stated in the SI, including Addendum 2 – may be applied by the Race Committee (RC), without a hearing, are designated by “[**SP**]” – Standard Penalty. This changes rules 63.1, A4 and A5.
- 1.6. SI breaches designated by “[**SP**] [**DP**]” mean that the Standard Penalty [**SP**] applies to the initial breach only. Subsequent breaches will be at the discretion of the PC – [**DP**].
- 1.7. The “Graded Penalty System” will apply and is attached as Addendum 2. “Fleet” is defined as the number of registered boats which subsequently completed competitor Check-In at the regatta venue (see SI 16.2). Percentage penalties will be rounded up to the nearest whole number.
- 1.8. Rule 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NOR), the SI shall govern.

2. FORMAT OF THE REGATTA

There will be a Championship Fleet which will sail as one fleet.



3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located next to the Youth Sailing Classroom.

4. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the SI will be posted on the official notice board by 1000 on the day that it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

5. SIGNALS MADE ASHORE AND LAUNCHING

5.1. Signals made ashore will be displayed from the flagpole located at the top of the ramp to the Youth Dock.

5.2. When flag “AP” is displayed, “1 minute” is replaced with “not less than 60 minutes” in Race Signal “AP.” This changes Race Signal “AP.”

5.3. All boats shall be kept in the assigned area at SFYC.

6. SCHEDULE OF RACES

6.1. Saturday, August 26

0900-1000	Competitor Check-in & Coach/Spectator Flag Check-in
1000	Coaches Meeting
1015	Competitors, Coaches, and Parents Meeting (Mandatory)
1045	Harbor Start
1200	First Warning Championship Fleet
	Lunch on the water
After Racing	Snacks

Sunday, August 27

1000	Coaches Meeting
1045	Harbor Start
1200	First warning Championship Fleet
	Lunch on the water
1530	No start after this time
After racing	Snacks & Awards Ceremony

6.2. Eight (8) races are scheduled.

7. RACING AREA

The racing area will be in the vicinity of the Berkeley Circle. The location within this area will be at the discretion of the OA, based on weather conditions. This area is between 30 and 60 minutes under tow from SFYC, crossing a major shipping lane. **All competitors shall be towed to the race area in the mornings and towed back in the afternoons.**

8. THE COURSE AND CHANGE OF THE NEXT LEG OF THE COURSE

8.1. SI Addendum 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.

8.2. If one of the gate marks (mark 3P or 3S) is missing, boats shall round remaining mark 3 to port.



- 8.3. For a change of the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 8.4. The angle from Mark 2 to Mark 3P/3S may be changed up to 10 degrees in either direction to compensate for wind / current differences on that side of the course, without signals or change marks, provided the change is made before any boats begin that leg. This changes rule 33.

9. MARKS

- 9.1. Rounding marks 1 and 2 will be yellow inflatable cones. Rounding marks 3P and 3S will be red inflatable conical buoys.
- 9.2. Change marks will be orange inflatable conical buoys.
- 9.3. The starting marks will be two RC boats on each end of the start line displaying orange flags.
- 9.4. The finishing marks will be an RC boat displaying an orange flag at the starboard end and a red inflatable conical buoy at the port end.

10. RESTRICTED AREAS (see also SI 19 and Addendum 1) [DP]

- 10.1. The **racing area** is the space encompassing the course, the starting area, and the finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official boats (designated as such by the RC) may enter the racing area while boats are racing.
- 10.2. The **waiting area** is the area to leeward of the racing area below the starting line. Its windward edge and its extensions to starboard of the starting line will be marked by a series of small balls or marks below the starting line. Coach and support (parent or spectator) boats are to anchor with their anchors at or behind the line formed by the row of balls or small marks.
- 10.3. The **corridor** is the lane to starboard of the RC finish boat between the finish line and the waiting area, inside the race course. Boats are reminded when returning to the waiting area to not sail upwind of the starting line or across the starting line. A small orange ball buoy to the right of the finish boat will be the start of the corridor. Except as permitted by SI 19, only competing boats and official boats (designated as such by the RC) may enter the racing area while boats are racing.

11. THE START

- 11.1. Races will be started in accordance with rule 26.
- 11.2. The Class Flag will be a white flag with a blue Optimist symbol.
- 11.3. The starting line will be between a staff displaying an orange flag on a RC signal boat at the starboard end and a staff displaying an orange flag on an RC boat at the port end.
- 11.4. At least five (5) minutes prior to the first warning signal of a race, the RC will display its orange starting line flags with a sound signal.
- 11.5. A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS). This changes rules 63.1, A4 and A5.
- 11.6. If flag “U” or the Black Flag has been displayed as the preparatory signal, the RC may make general announcements regarding the approximate number of boats on the course side of the starting line, but will **not** hail individual boat numbers. Failure of the RC to make such announcements, or failure of a boat to hear them, shall not be grounds for a boat to request redress. This changes rules 41 and 62.1.



- 11.7. The RC **will not hail** the sail numbers of boats that are OCS or subject to starting penalties under rule 30. ‘RC actions’ will be broadcast on **VHF channel 65A** after all boats have started. These broadcasts are only a courtesy to coaches and spectators (not competitors) and carry no guarantee of accuracy or completeness. The official list of RC actions will be posted on the notice board.
- 11.8. Any starting penalties from races that are abandoned or recalled after the starting signal and not re-sailed on the same day will not carry over to those races if they are re-sailed on another day in the regatta. This changes rules 30.4 and 36.

12. THE FINISH AND RETURN TO THE STARTING AREA

- 12.1. The finish line will be between a staff displaying an orange flag on a RC finish boat at the starboard end and the course side of a buoy at the port end.
- 12.2. **[SP]** Immediately after finishing all boats shall sail clear of the finishing area, leaving top corridor buoy to starboard, and promptly return to the waiting area via the corridor shown in SI Addendum 1.
- 12.3. Flag “A” displayed (with no sound) while boats are finishing means “No more racing today.”

13. ON-WATER JUDGES FOR RULE 42

On-water Rule 42 Judge boats will display flag “J”. A Rule 42 Judge may also be aboard the RC signal boat, and if so, that boat will display flag “J”.

14. TIME LIMITS

- 14.1. The time limit for the first boat in a race to sail the course and finish is ninety (90) minutes.
- 14.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will scored Did Not Finish (DNF) without a hearing. This changes rules 35, 63.1, A4 and A5.

15. PROTESTS, SCORING REVIEWS, REDRESS REQUESTS, AND PENALTIES

General

- 15.1. Protest and requests for scoring review forms are available at the PC desk located at the base of the stairs to the Sailing Center. Protests, requests for redress or reopening, and requests for scoring review shall be delivered there within the appropriate time limit.
- 15.2. The protest time limit is 45 minutes after the RC signal boat docks. The protest time limit (filing deadline) will be posted on the official notice board as soon as practical.
- 15.3. The protest notices required by rule 63.2, and the notification of protests by the RC or PC required by rule 61.1(b), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 30 minutes after the protest time limit.
- 15.4. A breach of SI 5.3, 5.4, 17, 18, 19 and 20 will not be grounds for a protest by a boat. This changes rule 60.1(a).
- 15.5. Hearings will be held at the protest room located upstairs in the Sailing Center. The helmsman shall represent the boat. This changes rule 63.3(a). Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the PC desk.

Redress Requests

- 15.6. Requests for scoring reviews for possible scoring errors are considered requests for redress per rule 62.1. They shall be filed with the PC within the time limit and will initially be reviewed by



the RC. If resolved by the RC, no hearing will be scheduled. If not resolved by the RC, the RC will request a hearing and the PC will proceed per rule 63.1. This changes rule 63.1.

- 15.7. If the RC posts a list of boats scored OCS, UFD or BFD on the official notice board before the protest time limit in SI 15.2, a request for redress based on such a posted score shall be made no later than 30 minutes after the protest time limit. This changes rule 62.2.
- 15.8. Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the RC may have made. Further, the competitor will be expected to establish that he or she started properly. This changes rule 62.2.
- 15.9. Requests for redress for any other incident in the racing area shall be filed within the protest time limit in SI 15.2. This changes rule 62.2.
- 15.10. Any competitor who may wish to become a party to a scheduled redress hearing should check the daily schedule of protest and redress hearings that the PC will post on the official notice board describing the nature of the redress request and time of the hearing. Redress requests that are filed regarding an incident that occurs after the day's protest time will be posted as soon as practical on the official notice board. This changes rules 63.2 (b), U.S. Sailing Prescription.
- 15.11. On the last scheduled day of racing a request for redress based on a PC decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

Penalties

- 15.12. A list of boats penalized for breaking rule 42 will be posted as soon as practical after racing.
- 15.13. **[SP]** A boat that has taken a penalty under rule 44.1 shall complete and sign the penalty acknowledgment log at the PC desk.
- 15.14. After application of any standard penalties **[SP]** or discretionary penalties **[DP]**, a boat's score shall not be made worse than the score for "DSQ".

16. SCORING

- 16.1. The Low Point Scoring System of Appendix A will apply as revised by these SI.
- 16.2. The number of boats entered will be defined as the number of registered boats which subsequently completed competitor Check-In at the regatta venue. This changes rules A4.2.
- 16.3. One (1) completed race shall constitute the regatta.
- 16.4. Scoring based on races completed:
 - a. When fewer than five (5) races have been completed, a boat's series score will be the total of all of her race scores.
 - b. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY AND CHECK-OUT / CHECK-IN PROCEDURES [SP] [DP]

- 17.1. Before launching each day, competitors shall sign-out at the Safety Check-Out/In table located at the top of the ramp to the Youth Dock, indicating their departure to the race course. A competitor who will not be racing that day, shall notify the race office located in the north end of the Sailing Center building before the Harbor Start.
- 17.2. Immediately upon returning to shore, but **not later than 30 minutes** after the RC finish boat docks, competitors shall sign-in at the Safety Check-Out/In table located at the top of the ramp to the Youth Dock, indicating their return to shore.



- 17.3. A competitor retiring from a race or intending not to start a race shall notify a RC boat or safety boat before leaving the course, or if that is impossible, notify the race office located in the north end of the Sailing Center building immediately upon returning to shore.
- 17.4. A boat with multiple infractions of SI 17.1, 17.2 or 17.3, Safety Check-Out / Check-In Procedures, may be protested by the RC and the penalty will be at the discretion of the PC.
- 17.5. In addition to the requirements of rule 40 and its U.S. Sailing prescription, a condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved lifejacket, or for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. Failure to wear a proper lifejacket will result in a penalty up to and including disqualification at the discretion of the protest committee. This changes rule 40 and the Part 4 Preamble.
- 17.6. Competitors shall have a whistle attached to their lifejacket at all times while on the water.
- 17.7. Each boat shall have a secure loop in the end of its bow line.

18. EQUIPMENT AND MEASUREMENT [SP] [DP]

- 18.1. Boats are allowed only one hull, daggerboard, rudder (including tiller and extension), mast, boom, sprit, and sail during the regatta. Any request to consider approving equipment substitutions shall be submitted in writing to the RC before the end of protest time limit the day prior to the day for which the substitution is to be made. If changes are required during a day's racing, approval may be made verbally and the written request submitted before that day's protest time limit.
- 18.2. Measurement may be made of boats at any time during the regatta at the direction of the RC.

19. COACH AND SUPPORT PERSON REGULATIONS (see also SI 10 and SI Addendum 1) [SP] [DP]

- 19.1. **Coaches** are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 19.2. **Parents** who are on the water either in support or coach boats are considered coaches for the purpose of SI 19. Those parents who serve on RC boats (including patrol and safety boats) may be in a unique position to provide information that may create competitive advantage. These parents may not communicate in any way with their sailors or their coaches from the time the orange line flags are displayed until their sailor has finished his or her race (the "No Communication Period"). The only exception to this rule is when directed by the Principal Race Officer (PRO) or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to, among other things, their advantageous location on the race course or their access to RC communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., 'great race', 'get something to drink', 'go see your coach', etc.) are always permissible outside the "No Communication Period".
- 19.3. General coach and support (parent and spectator) boat requirements
 - (a) Coach and support boats shall display a numbered flag provided by the OA, at check in, at all times while on the water. All coach and support boats shall carry a VHF radio and monitor the RC channel, **VHF 65A**.



- (b) No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support boats while racing is underway.
- (c) Coach and support boats shall follow the instructions of RC, patrol, safety, PC, and other race management boats at all times.
- (d) No coach or support boat shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.

19.4. Restrictions

- (a) All coach and support boats shall stay out of the racing area while boats are racing and at least 100 yards away from any racing boat, and move slowly and **with minimal wake**, except where permitted in this instruction.
- (b) Certain coach boats may be designated as rescue craft by the PRO or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.
- (c) When the RC hoists (or is displaying) its orange starting line flags, all coach and support boats in the starting area shall proceed immediately to the waiting area and shall remain there until the RC lowers the orange starting line flags, except that, after the start coach and support boats may exit the waiting area and proceed slowly **with minimal wake** to the weather mark, only on the starboard side of the course. The RC may close the starboard side of the course to coach and support boats.
- (d) There shall be no anchoring inside the course or in the vicinity of the finish line.

19.5. Penalties

- (a) Competitors affiliated with any coach, parent, or support boat that breaks SI 19 may break rule 41 even when boats are not racing. This changes rule 41 (Outside Help).
- (b) Coaches, parents, or support boats that repeatedly and/or intentionally break SI 19 may be subject to disciplinary actions up to and including exclusion from the venue.

20. ENVIRONMENT [DP]

Competitors and coaches are expected to comply with rule 55. Trash may be placed aboard RC boats, support boats and coach boats.

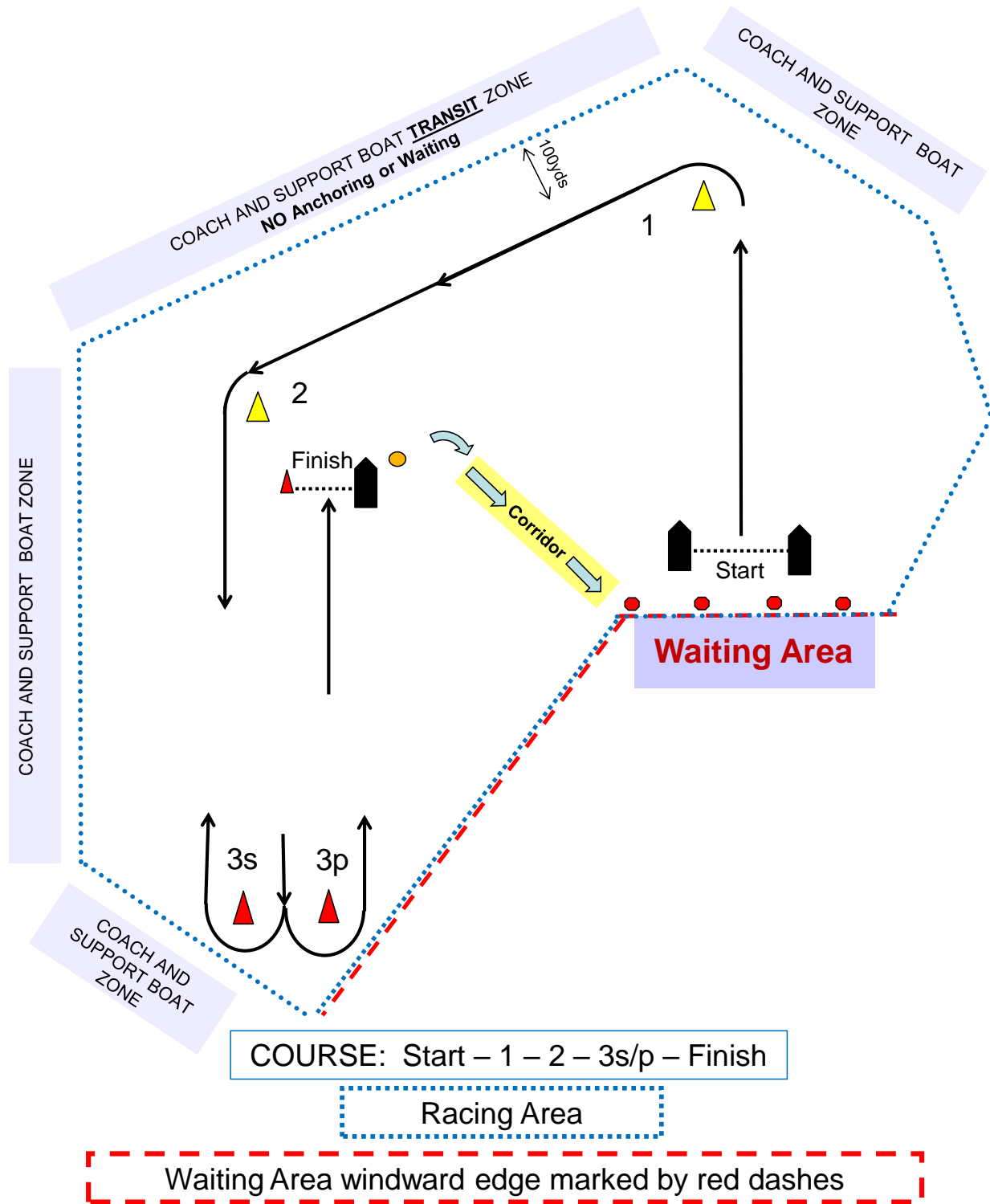
21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. During online registration, all competitors and their parent/guardian checked the USODA Event Waiver box indicating they have read and agree to the USODA Event Waiver.

22. PRIZES

Prizes to be awarded are described in the Notice of Race. Subsequent prizes may be awarded at the discretion of the OA.

Addendum 1 – Race Course and Restricted Areas



Important note: Mark colors and shapes are illustrative only.



SI Addendum 2 – USODA Graded Penalty System

Graded Penalty System – Percentage Penalties rounded up to the next whole number

Penalties apply to the race of infringement; otherwise, to the first race of the day.

1. Minor technical and SI penalties

Penalty approximately equal to 5% of fleet

- a) Launching before ‘Harbor Start’ (SI 6.1)
- b) Failure to return promptly to waiting area after finishing (SI 12.2)
- c) Failure to report penalty taken (SI 15.13)

2. Minor class rule penalties and intermediate SI penalties

Penalty approximately equal to 10% of fleet

- a) Bailer not attached to hull (CR 4.3)
- b) Paddle not attached to hull (CR 4.3)
- c) Daggerboard not attached to hull (CR 3.3.4)
- d) Painter not attached to mast step (CR 4.3)
- e) Whistle not attached to personal flotation device (CR 4.2)
- f) One sail tie 5 mm or more loose (CR 6.6.3.4)
- g) Two sail ties 3 mm or more loose (CR 6.6.3.4)
- h) Accidental loss of sail tie (CR 6.6.3.4)
- i) Sailing across a race in progress before starting or after finishing (RRS 24.1)
- j) Failure to report for measurement after finishing (N/A)
- k) Failing on-water measurement inspection (SI 18.2)
- l) Failure to comply with Safety Check-Out/Check-In procedures (SI 17.1/17.2)
- m) Failure to report retirement or DNC (SI 17.3)
- n) Breaches of SI 19, Coach and Support Person Regulations

3. Intermediate class rule penalties

Penalty approximately equal to 30% of fleet

- a) No bailer, paddle or painter in boat (CR 4.3)
- b) No whistle (CR 4.2)
- c) No lanyard, locking device or other arrangement to attach mast to the hull (CR 3.5.2.11)
- d) Sail outside limits of bands (CR 3.5.2.7)
- e) Two ties 5 mm or more loose (CR 6.6.3.4)
- f) Three or more ties 3 mm or more loose (CR 6.6.3.4)
- g) Throat, tack or clew eyelet 3 mm or more loose (CR 6.6.3.4)
- h) Failure to wear an approved life jacket (SI 17.5)
- i) Repeated infringement of Section 1 or Section 2 penalties, above



4. Class rule breaches for which the penalty may be 0%

- a) Class rule 3.2.2.12
- b) Class rule 3.2.3.2.d
- c) Class rule 3.3.1.3
- d) GRP Sheet plan 23 and measurement 58

5. Major class rule penalties (as per RRS)

Penalty up to DSQ – requires Protest Hearing

- a) All RRS, except as amended
- b) All SI, including amendments
- c) Use of uninspected equipment
- d) Use of unapproved fittings
- e) Repeated infringement of Section 3 penalties, above

Regatta Chairman: Forrest Gay
Principal Race Officer: Forrest Gay
Chief Judge: Grant Baldwin
Scorer: Roxanne Fairbairn