

2018 OPTIMIST PARENT CONDUCT

I hereby pledge to provide positive support, care and encouragement for my Youth Sailors by following the Role of the Parent and SFYC Race Team Parent Guidelines:

Role of the Parent:

1. I will encourage the Corinthian Spirit by demonstrating positive support for all sailors, coaches, and volunteers at every practice, regatta, or youth event.
2. I will ask my child to treat other sailors with respect regardless of race, sex or ability.
3. I will support coaches working with my child, in order to encourage a positive and enjoyable experience for all.
4. I will be a respectful fan and fulfill my volunteer commitments.

Race Team Parent Guidelines:

1. Coach meetings and practices are for the youth sailors, coaches and SFYC staff. We respectfully ask parents not to attend or interrupt practices or meetings unless invited to do so by the coaches. There are many opportunities to view your youth racers at regattas where the support of ‘parent fans’ is encouraged.
2. Complaints:
 - a. We strongly encourage sailors to advocate on their own behalf, and to discuss any issues they have with their coaches directly.
 - b. Before a parent addresses a concern, we ask that you consider that perception is not always reality. Please consider whether you can fully understand the situation before lodging a complaint.
 - c. Please address concerns in a private, respectful manner. ***Harsh language towards coaches or staff will not be tolerated.***
3. Our coaches have a high level of training and motivation. We ask parents to support the coaches in all decisions regarding how to run the practices and how to divide the groups for coaching.
4. We have formalized the process for moving up through the 3 opti tiers, and other sailing groups. We have developed a ‘check-list’ of key skills for each group. Sailors will have the opportunity to meet individually with the coaches and have this list reviewed and signed. If skills need to be mastered, the sailor will have lots of opportunity for development. We ask parents to support the coaches in their decision of which group a sailor will be in. This may vary at any given practice. Coaches take into consideration such things as the range of skill within the groups, and the sailing conditions of the day.
5. Volunteer commitment – We need ongoing help from **ALL** parents of the team. We ask that all team families help at Youth regattas that the SFYC hosts. In addition, we require all families to contribute 20 volunteer hours to help make our program successful. We have detailed descriptions of many of the ways you can help. If you have not signed up for a volunteer task, then one will be assigned to you.
6. Fund Raising - We expect all families to participate in our fundraising efforts. Our biggest fund raising effort is the BCF Annual Auction. All race team member families are asked to participate in soliciting donations for the event. There are also additional team fundraisers throughout the year.

I/We as parent(s)/guardian(s) of _____, have read, understand and will abide by the “Role of Parent” and “Race Team Parent Guidelines”.

Parent/Guardian signature Date

Parent/Guardian signature Date

The San Francisco Yacht Club Youth Sailing Program
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