

THE SAN FRANCISCO YACHT CLUB



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NorCal High School One-Day #3 and #4 Appleton Regatta, November 21 and 22, 2015 Sailing Instructions

The NorCal High School One-Day #3 and #4 regattas will be organized by The San Francisco Yacht Club, in association with BAYS and PCISA.

1 Rules

The regatta will be governed by the rules as defined by *The Racing Rules of Sailing*, the ISSA Procedural Rules as modified by the PCISA Procedural Rules, the * NEW* "Notice of Regattas" for the 2015-2016 NorCal One-Day Regattas, the NOR, and by these sailing instructions. If there is a discrepancy between the later two, the sailing instructions will take precedence.

2 Notices to Competitors and Changes to the Sailing Instructions

All notices to competitors or changes to the sailing instructions will be posted on the notice board near the junior sailing classroom of The San Francisco Yacht Club.

3 Safety

- 3.1 A boat that retires from a race must notify the Race Committee prior to leaving the course area. If this is not possible, they must do so immediately upon arriving ashore.
- 3.2 Each competitor shall provide and wear a **USCG approved** personal flotation device (PFD) at all times while afloat, except for brief periods so as to allow for addition or removal of clothing. Wetsuits or drysuits **are not** acceptable substitutes for a PFD.
- 3.3 Competitors shall keep clear of commercial traffic at all times.

4 Boats

Each team is responsible for providing one high school legal CFJ and one set of CFJ sails with a pre-assigned NorCal high school sail number. Boats will not be rotated.

5 Schedule

Saturday, November 21

Registration/Rigging 9:30-10:30am
Competitors' meeting 10:30am
First Warning 11:30am
No starts after 4:00pm
Awards and snacks After racing

Sunday, November 22

Registration/Rigging 9:30-10:30am
Competitors' meeting 10:30am
First Warning 11:30am
No starts after 4:00pm
Awards and snacks After racing

6 Racing Area

The primary racing area will be Richardson Bay, which is a 20 minutes tow from Belvedere Cove. Belvedere Cove will be an alternate racing area, dictated by weather. Bring enough clothes for a day of open water sailing.

7 Courses and Races

7.1 Courses will be windward/leeward. See attached course chart.

7.2 All marks shall be left to port.

7.3 One race shall constitute a series for each regatta. Six races are scheduled in each regatta.

8 Marks

Marks will be red inflatable cones.

9 The Start

9.1 The starting line will be between a yellow inflatable mark and a staff or halyard displaying an orange flag on the race committee signal boat.

9.2 Races will be started in accordance with RRS Appendix S, Sound Signal Starting System. (3 minute sounds)

10 Recalls

10.1 Sail numbers will be used to hail a boat in the event she is on course side at the time of her start signal.

10.2 Individual recalls will be signaled by verbal hail and with Code Flag "X".

10.3 It is the obligation of every boat to make a proper start. The race committee will hail the sail number of any boat on course side at the time of her start signal, however failure to hear these hails, or the order and timeliness of these calls, shall not constitute grounds for redress.

10.4 A General Recall will be signaled by verbal hail and/or multiple sound signals. The start sequence will commence as soon as practical thereafter. In accordance with ISSA Procedural Rules the "Round-the-Ends" provisions of RRS 30.1 shall then apply to all subsequent starting sequences for that race, without the need for any signal to be given (ISSA PR 7.8 (b)).

11 Abandoning Race

11.1 The Race Committee may abandon a race in progress when a change in weather conditions has, in its judgment, made the race unsatisfactory. Abandonment will be signaled by multiple sound signals.

11.2 The Race Committee may act under RRS Part 3 (Conduct of a Race) without the approval of the jury.

12 The Finish

The finish line will be between an orange ball and a staff or halyard displaying an orange flag on the race committee signal boat. The finish line will be on the opposite side of the race committee signal boat from the starting line.

13 Scoring

13.1 Scoring will be as provided in ISSA Procedural Rule 9, with the exception that Gold and Silver fleets will be scored separately and each day will be scored as a separate regatta.

13.2 **All teams shall update TechScore with their sailors' names for each race by 5:00pm on race day.**

14 Protests

Protest procedures will be in accordance with ISSA Procedural Rules 16-21. Protests shall be submitted in writing. Protests will be heard as soon as possible after the RC boat docks. A competitor intending to protest is not required to fly a red flag. This amends ISSA PR 16(a).

15 Trophies

Trophies will be awarded to the top three teams in each division each day.

16 Coaching

Coaching between races will be allowed. All coaches will be given water access. Coaches must stay off the racecourse.

17 Disclaimer of Liability

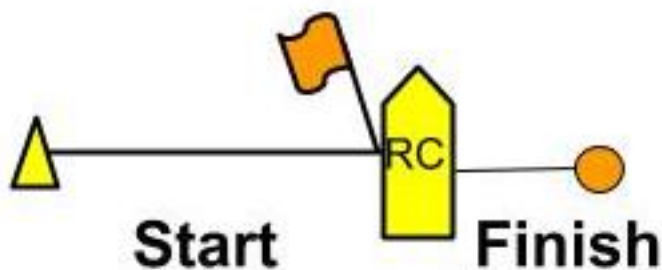
Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18 OFFICIAL NOTICE FOR ALL COMPETITORS

No contestant during the course of the regatta shall use, either on or off the water, alcoholic beverages or any controlled substance, the possession of which is unlawful. Infringement of this regulation and/or other off-water discipline expectations occurring during the regatta may be the basis for disciplinary action. A Discipline Hearing Board that will consist of three adult members, the Regatta Chairman or his designee, a member of ISSA or The San Francisco Yacht Club Board of Directors or a designee, and the Chief Judge or his designee will handle enforcement of this Sailing Instruction. The Discipline Hearing Board shall meet at a time and method selected by its members to hear and review any infringements. Their decision to impose scoring penalties or other sanctions they alone deem appropriate, including summary removal from the entire regatta, shall be final and without appeal.

COURSE CHART

 **Mark 1**



 **Mark 2**

Course 1: S-1-2-F

Course 2: S-1-2-1-2-F

Course 3: S-1-2-1-2-1-2-F